

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 1. Uitslag Dames 500 meter

| Pos |    | Naam                           | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|----|--------------------------------|-----|------|------|--------------|------|--------|
| 1   | 6  | <b>Femke Beuling</b>           | DN1 | 9    | O    | <b>39.06</b> | TRC  |        |
| 2   | 43 | <b>Esmé Stollenga</b>          | DSA | 7    | O    | <b>39.80</b> |      |        |
| 3   | 47 | <b>Naomi Verkerk</b>           | DN1 | 8    | O    | <b>39.84</b> |      |        |
| 4   | 14 | <b>Helga Drost</b>             | DN2 | 7    | I    | <b>39.87</b> |      |        |
| 5   | 45 | <b>Manouk van Tol</b>          | DSA | 8    | I    | <b>39.90</b> |      |        |
| 6   | 13 | <b>Anice Das</b>               | DSB | 9    | I    | <b>40.01</b> |      |        |
| 7   | 2  | <b>Danouk Bannink</b>          | DN4 | 10   | O    | <b>40.54</b> |      |        |
| 8   | 57 | <b>Lianne van Loon</b>         | DN1 | 5    | O    | <b>40.74</b> |      |        |
| 9   | 20 | <b>Leeyen Hartevelt</b>        | DSA | 3    | O    | <b>40.80</b> |      |        |
| 10  | 52 | <b>Naomi Weeland</b>           | DN4 | 10   | I    | <b>41.27</b> |      |        |
| 11  | 11 | <b>Tessa Boogaard</b>          | DSA | 6    | O    | <b>41.43</b> |      |        |
| 12  | 23 | <b>Anouk Karel</b>             | DN4 | 5    | I    | <b>41.52</b> |      |        |
| 13  | 34 | <b>Lina Miedema</b>            | DN3 | 2    | I    | <b>41.55</b> |      |        |
| 14  | 22 | <b>Emma Kant</b>               | DA2 | 3    | I    | <b>41.56</b> |      |        |
| 15  | 51 | <b>Henny de Vries</b>          | DA1 | 4    | I    | <b>41.63</b> |      |        |
| 16  | 53 | <b>Sacha van der Weide</b>     | DA1 | 6    | I    | <b>42.32</b> |      |        |
| 17  | 41 | <b>Marjolein van der Steen</b> | DSA | 4    | O    | <b>42.95</b> |      |        |
| 18  | 39 | <b>Tessa Oudman</b>            | DN1 | 2    | O    | <b>43.39</b> |      |        |
| 19  | 24 | <b>Sylke Kas</b>               | DA1 | 1    | I    | <b>43.72</b> |      |        |
| 20  | 15 | <b>Romée Ebbinge</b>           | DN2 | 1    | O    | <b>43.76</b> |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

Print: 13-01-2020

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### 1. Rituitslag Dames 500 meter

|   |    | Naam                    | Cat | PR                 | Tijd                 | Info |
|---|----|-------------------------|-----|--------------------|----------------------|------|
| 1 | wt | 24 <b>Sylke Kas</b>     | DA1 | 41.50              | <b>43.72</b>         |      |
|   | rd | 15 <b>Romée Ebbinge</b> | DN2 | 41.45              | <b>43.76</b>         |      |
|   |    | <u>Sylke Kas</u>        |     |                    | <u>Romée Ebbinge</u> |      |
|   |    | 100m 11.75 (11,75)      |     | 100m 11.82 (11,82) |                      |      |
|   |    | 500m 43.72 (31,97)      |     | 500m 43.76 (31,94) |                      |      |

|   |    | Naam                   | Cat | PR                 | Tijd                | Info |
|---|----|------------------------|-----|--------------------|---------------------|------|
| 2 | wt | 34 <b>Lina Miedema</b> | DN3 | 38.91              | <b>41.55</b>        |      |
|   | rd | 39 <b>Tessa Oudman</b> | DN1 | 41.45              | <b>43.39</b>        |      |
|   |    | <u>Lina Miedema</u>    |     |                    | <u>Tessa Oudman</u> |      |
|   |    | 100m 11.17 (11,17)     |     | 100m 11.67 (11,67) |                     |      |
|   |    | 500m 41.55 (30,38)     |     | 500m 43.39 (31,72) |                     |      |

|   |    | Naam                       | Cat | PR                 | Tijd                    | Info |
|---|----|----------------------------|-----|--------------------|-------------------------|------|
| 3 | wt | 22 <b>Emma Kant</b>        | DA2 | 40.72              | <b>41.56</b>            |      |
|   | rd | 20 <b>Leeyen Harteveld</b> | DSA | 39.70              | <b>40.80</b>            |      |
|   |    | <u>Emma Kant</u>           |     |                    | <u>Leeyen Harteveld</u> |      |
|   |    | 100m 11.25 (11,25)         |     | 100m 11.36 (11,36) |                         |      |
|   |    | 500m 41.56 (30,31)         |     | 500m 40.80 (29,44) |                         |      |

|   |    | Naam                              | Cat | PR                 | Tijd                           | Info |
|---|----|-----------------------------------|-----|--------------------|--------------------------------|------|
| 4 | wt | 51 <b>Henny de Vries</b>          | DA1 | 40.42              | <b>41.63</b>                   |      |
|   | rd | 41 <b>Marjolein van der Steen</b> | DSA | 40.76              | <b>42.95</b>                   |      |
|   |    | <u>Henny de Vries</u>             |     |                    | <u>Marjolein van der Steen</u> |      |
|   |    | 100m 11.41 (11,41)                |     | 100m 11.71 (11,71) |                                |      |
|   |    | 500m 41.63 (30,22)                |     | 500m 42.95 (31,24) |                                |      |

|   |    | Naam                      | Cat | PR                 | Tijd                   | Info |
|---|----|---------------------------|-----|--------------------|------------------------|------|
| 5 | wt | 23 <b>Anouk Karel</b>     | DN4 | 39.74              | <b>41.52</b>           |      |
|   | rd | 57 <b>Lianne van Loon</b> | DN1 | 39.78              | <b>40.74</b>           |      |
|   |    | <u>Anouk Karel</u>        |     |                    | <u>Lianne van Loon</u> |      |
|   |    | 100m 11.17 (11,17)        |     | 100m 11.26 (11,26) |                        |      |
|   |    | 500m 41.52 (30,35)        |     | 500m 40.74 (29,48) |                        |      |

|    |    | Naam                          | Cat           | PR                    | Tijd          | Info |
|----|----|-------------------------------|---------------|-----------------------|---------------|------|
| 6  | wt | 53 <b>Sacha van der Weide</b> | DA1           | 40.33                 | <b>42.32</b>  |      |
|    | rd | 11 <b>Tessa Boogaard</b>      | DSA           | 38.78                 | <b>41.43</b>  |      |
|    |    | <b>Sacha van der Weide</b>    |               | <b>Tessa Boogaard</b> |               |      |
|    |    | 100m                          | 11.32 (11,32) | 100m                  | 11.45 (11,45) |      |
|    |    | 500m                          | 42.32 (31,00) | 500m                  | 41.43 (29,98) |      |
|    |    |                               |               |                       |               |      |
|    |    | Naam                          | Cat           | PR                    | Tijd          | Info |
| 7  | wt | 14 <b>Helga Drost</b>         | DN2           | 38.34                 | <b>39.87</b>  |      |
|    | rd | 43 <b>Esmé Stollenga</b>      | DSA           | 38.77                 | <b>39.80</b>  |      |
|    |    | <b>Helga Drost</b>            |               | <b>Esmé Stollenga</b> |               |      |
|    |    | 100m                          | 11.05 (11,05) | 100m                  | 11.05 (11,05) |      |
|    |    | 500m                          | 39.87 (28,82) | 500m                  | 39.80 (28,75) |      |
|    |    |                               |               |                       |               |      |
|    |    | Naam                          | Cat           | PR                    | Tijd          | Info |
| 8  | wt | 45 <b>Manouk van Tol</b>      | DSA           | 38.69                 | <b>39.90</b>  |      |
|    | rd | 47 <b>Naomi Verkerk</b>       | DN1           | 39.20                 | <b>39.84</b>  |      |
|    |    | <b>Manouk van Tol</b>         |               | <b>Naomi Verkerk</b>  |               |      |
|    |    | 100m                          | 11.26 (11,26) | 100m                  | 11.05 (11,05) |      |
|    |    | 500m                          | 39.90 (28,64) | 500m                  | 39.84 (28,79) |      |
|    |    |                               |               |                       |               |      |
|    |    | Naam                          | Cat           | PR                    | Tijd          | Info |
| 9  | wt | 13 <b>Anice Das</b>           | DSB           | 37.84                 | <b>40.01</b>  |      |
|    | rd | 6 <b>Femke Beuling</b>        | DN1           | 38.23                 | <b>39.06</b>  | TRC  |
|    |    | <b>Anice Das</b>              |               | <b>Femke Beuling</b>  |               |      |
|    |    | 100m                          | 11.02 (11,02) | 100m                  | 10.91 (10,91) |      |
|    |    | 500m                          | 40.01 (28,99) | 500m                  | 39.06 (28,15) |      |
|    |    |                               |               |                       |               |      |
|    |    | Naam                          | Cat           | PR                    | Tijd          | Info |
| 10 | wt | 52 <b>Naomi Weeland</b>       | DN4           | 39.44                 | <b>41.27</b>  |      |
|    | rd | 2 <b>Danouk Bannink</b>       | DN4           | 39.42                 | <b>40.54</b>  |      |
|    |    | <b>Naomi Weeland</b>          |               | <b>Danouk Bannink</b> |               |      |
|    |    | 100m                          | 11.39 (11,39) | 100m                  | 11.07 (11,07) |      |
|    |    | 500m                          | 41.27 (29,88) | 500m                  | 40.54 (29,47) |      |

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### 2. Uitslag Out of competition Dames 500 meter

| Pos |   | Naam             | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---|------------------|-----|------|------|-------|------|--------|
| 1   | 1 | Michelle de Jong | DN1 | 11   | I    | 39.35 | TRC  |        |

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|    |          | Naam                      | Cat           | PR    | Tijd Info        |
|----|----------|---------------------------|---------------|-------|------------------|
| 11 | wt<br>rd | 1 <b>Michelle de Jong</b> | DN1           | 38.11 | <b>39.35</b> TRC |
|    |          | <b>Michelle de Jong</b>   |               |       |                  |
|    |          | 100m                      | 10.87 (10,87) |       | m                |
|    |          | 500m                      | 39.35 (28,48) |       |                  |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

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### 3. Uitslag Out of competition Heren 500 meter

| Pos |   | Naam          | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---|---------------|-----|------|------|-------|------|--------|
| 1   | 1 | Ronald Mulder | HSB | 12   | I    | 35.55 |      |        |

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### 3. Rituitslag Out of competition Heren 500 meter

|    |          | Naam                   | Cat           | PR    | Tijd Info    |
|----|----------|------------------------|---------------|-------|--------------|
| 12 | wt<br>rd | 1 <b>Ronald Mulder</b> | HSB           | 34.08 | <b>35.55</b> |
|    |          | <b>Ronald Mulder</b>   |               |       |              |
|    |          | 100m                   | 9.91 (9,91)   |       | m            |
|    |          | 500m                   | 35.55 (25,64) |       |              |

## Rabo Holland Cup 4/Utrecht City

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11 en 12 januari 2020

### 4. Uitslag Heren 500 meter

| Pos |    | Naam                   | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----|------------------------|-----|------|------|-------|------|--------|
| 1   | 47 | Lennart Velema         | HSA | 16   | I    | 36.05 |      |        |
| 2   | 19 | Gijs Esders            | HSA | 17   | I    | 36.27 |      |        |
| 3   | 31 | Gerben Jorritsma       | HSA | 16   | O    | 36.51 |      |        |
|     | 6  | Janno Botman           | HN1 | 15   | I    | 36.51 |      |        |
| 5   | 41 | Merijn Scheperkamp     | HN1 | 17   | O    | 36.53 |      |        |
| 6   | 42 | Tijmen Snel            | HN3 | 18   | O    | 36.54 |      |        |
| 7   | 21 | Thomas Geerdinck       | HSA | 18   | I    | 36.66 |      |        |
| 8   | 29 | Jesper Hospes          | HSB | 15   | O    | 36.68 |      |        |
| 9   | 20 | Mika van Essen         | HN1 | 14   | O    | 36.76 |      |        |
| 10  | 24 | Thijs Govers           | HN3 | 13   | I    | 36.77 |      |        |
|     | 53 | Serge Yoro             | HN1 | 14   | I    | 36.77 |      |        |
|     | 33 | Tom Kant               | HN4 | 13   | O    | 36.77 |      |        |
| 13  | 11 | Wesly Dijs             | HSA | 2    | O    | 36.94 |      |        |
| 14  | 7  | Stef Brandsen          | HN1 | 12   | I    | 36.97 |      |        |
| 15  | 9  | Niek Deelstra          | HN3 | 11   | I    | 36.98 |      |        |
| 16  | 30 | Elwin Jongman          | HN1 | 11   | O    | 37.13 |      |        |
| 17  | 26 | Rem de Hair            | HA2 | 9    | I    | 37.38 |      |        |
| 18  | 13 | Joost van Dobbenburgh  | HN3 | 12   | O    | 37.41 |      |        |
| 19  | 18 | Jacco Efdé             | HN1 | 7    | O    | 37.51 |      |        |
| 20  | 32 | Joep Kalverdijk        | HSA | 9    | O    | 37.55 |      |        |
| 21  | 46 | Kai in 't Veld         | HA1 | 8    | O    | 37.73 |      |        |
| 22  | 40 | Kevin Schelling        | HSA | 10   | O    | 37.74 |      |        |
| 23  | 1  | Raoul van Aken         | HA2 | 7    | I    | 37.92 |      |        |
| 24  | 8  | Armand Broos           | HA2 | 8    | I    | 38.04 |      |        |
| 25  | 15 | Michaël den Draak Borm | HN1 | 6    | I    | 38.08 |      |        |
| 26  | 44 | Daan Spruit            | HA1 | 5    | O    | 38.18 |      |        |
| 27  | 49 | Thijs Vermaak          | HN2 | 4    | O    | 38.27 |      |        |
| 28  | 48 | Jan Hein Verhoeff      | HN2 | 4    | I    | 38.28 |      |        |
| 29  | 37 | Daan Kool              | HA2 | 3    | I    | 38.43 |      |        |
| 30  | 36 | Calvin van Klink       | HN3 | 3    | O    | 38.54 |      |        |
| 31  | 23 | Olof Gerritsen         | HSA | 2    | I    | 38.66 |      |        |
| 32  | 16 | Hille Drenth           | HSA | 10   | I    | 39.01 |      |        |
| 33  | 10 | Jornt Dijk             | HA2 | 1    | I    | 39.20 |      |        |
|     | 2  | Jordy Blokland         | HN2 | 6    | O    | 39.20 |      |        |
|     | 28 | Jens Hoekstra          | HN1 | 5    | I    | DNF   |      |        |

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Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

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### 4. Rituitslag Heren 500 meter

|   |    | Naam                 | Cat           | PR    | Tijd Info    |
|---|----|----------------------|---------------|-------|--------------|
| 1 | wt | 10 <b>Jornt Dijk</b> | HA2           | 37.80 | <b>39.20</b> |
|   | rd |                      |               |       |              |
|   |    | <b>Jornt Dijk</b>    |               |       |              |
|   |    | 100m                 | 10.85 (10,85) |       | m            |
|   |    | 500m                 | 39.20 (28,35) |       |              |

|   |    | Naam                     | Cat           | PR                | Tijd Info     |
|---|----|--------------------------|---------------|-------------------|---------------|
| 2 | wt | 23 <b>Olof Gerritsen</b> | HSA           | 36.59             | <b>38.66</b>  |
|   | rd | 11 <b>Wesly Dijs</b>     | HSA           | 35.93             | <b>36.94</b>  |
|   |    | <b>Olof Gerritsen</b>    |               | <b>Wesly Dijs</b> |               |
|   |    | 100m                     | 10.78 (10,78) | 100m              | 10.51 (10,51) |
|   |    | 500m                     | 38.66 (27,88) | 500m              | 36.94 (26,43) |

|   |    | Naam                       | Cat           | PR                      | Tijd Info     |
|---|----|----------------------------|---------------|-------------------------|---------------|
| 3 | wt | 37 <b>Daan Kool</b>        | HA2           | 37.20                   | <b>38.43</b>  |
|   | rd | 36 <b>Calvin van Klink</b> | HN3           | 37.19                   | <b>38.54</b>  |
|   |    | <b>Daan Kool</b>           |               | <b>Calvin van Klink</b> |               |
|   |    | 100m                       | 10.61 (10,61) | 100m                    | 10.35 (10,35) |
|   |    | 500m                       | 38.43 (27,82) | 500m                    | 38.54 (28,19) |

|   |    | Naam                        | Cat           | PR                   | Tijd Info     |
|---|----|-----------------------------|---------------|----------------------|---------------|
| 4 | wt | 48 <b>Jan Hein Verhoeff</b> | HN2           | 37.07                | <b>38.28</b>  |
|   | rd | 49 <b>Thijs Vermaak</b>     | HN2           | 37.23                | <b>38.27</b>  |
|   |    | <b>Jan Hein Verhoeff</b>    |               | <b>Thijs Vermaak</b> |               |
|   |    | 100m                        | 10.37 (10,37) | 100m                 | 10.56 (10,56) |
|   |    | 500m                        | 38.28 (27,91) | 500m                 | 38.27 (27,71) |

|   |    | Naam                    | Cat | PR                 | Tijd Info     |
|---|----|-------------------------|-----|--------------------|---------------|
| 5 | wt | 28 <b>Jens Hoekstra</b> | HN1 | 37.19              | <b>DNF</b>    |
|   | rd | 44 <b>Daan Spruit</b>   | HA1 | 37.06              | <b>38.18</b>  |
|   |    | <b>Jens Hoekstra</b>    |     | <b>Daan Spruit</b> |               |
|   |    |                         |     | 100m               | 10.56 (10,56) |
|   |    |                         |     | 500m               | 38.18 (27,62) |

|   |    | Naam                             | Cat           | PR                    | Tijd          | Info |
|---|----|----------------------------------|---------------|-----------------------|---------------|------|
| 6 | wt | 15 <b>Michaël den Draak Borm</b> | HN1           | 37.50                 | <b>38.08</b>  |      |
|   | rd | 2 <b>Jordy Blokland</b>          | HN2           | 37.60                 | <b>39.20</b>  |      |
|   |    | <b>Michaël den Draak Borm</b>    |               | <b>Jordy Blokland</b> |               |      |
|   |    | 100m                             | 10.38 (10,38) | 100m                  | 10.92 (10,92) |      |
|   |    | 500m                             | 38.08 (27,70) | 500m                  | 39.20 (28,28) |      |

|   |    | Naam                    | Cat           | PR                | Tijd          | Info |
|---|----|-------------------------|---------------|-------------------|---------------|------|
| 7 | wt | 1 <b>Raoul van Aken</b> | HA2           | 36.86             | <b>37.92</b>  |      |
|   | rd | 18 <b>Jacco Efdé</b>    | HN1           | 37.05             | <b>37.51</b>  |      |
|   |    | <b>Raoul van Aken</b>   |               | <b>Jacco Efdé</b> |               |      |
|   |    | 100m                    | 10.43 (10,43) | 100m              | 10.47 (10,47) |      |
|   |    | 500m                    | 37.92 (27,49) | 500m              | 37.51 (27,04) |      |

|   |    | Naam                     | Cat           | PR                    | Tijd          | Info |
|---|----|--------------------------|---------------|-----------------------|---------------|------|
| 8 | wt | 8 <b>Armand Broos</b>    | HA2           | 36.81                 | <b>38.04</b>  |      |
|   | rd | 46 <b>Kai in 't Veld</b> | HA1           | 37.02                 | <b>37.73</b>  |      |
|   |    | <b>Armand Broos</b>      |               | <b>Kai in 't Veld</b> |               |      |
|   |    | 100m                     | 10.48 (10,48) | 100m                  | 10.62 (10,62) |      |
|   |    | 500m                     | 38.04 (27,56) | 500m                  | 37.73 (27,11) |      |

|   |    | Naam                      | Cat           | PR                     | Tijd          | Info |
|---|----|---------------------------|---------------|------------------------|---------------|------|
| 9 | wt | 26 <b>Rem de Hair</b>     | HA2           | 36.68                  | <b>37.38</b>  |      |
|   | rd | 32 <b>Joep Kalverdijk</b> | HSA           | 36.21                  | <b>37.55</b>  |      |
|   |    | <b>Rem de Hair</b>        |               | <b>Joep Kalverdijk</b> |               |      |
|   |    | 100m                      | 10.15 (10,15) | 100m                   | 10.39 (10,39) |      |
|   |    | 500m                      | 37.38 (27,23) | 500m                   | 37.55 (27,16) |      |

|    |    | Naam                      | Cat           | PR                     | Tijd          | Info |
|----|----|---------------------------|---------------|------------------------|---------------|------|
| 10 | wt | 16 <b>Hille Drenth</b>    | HSA           | 36.24                  | <b>39.01</b>  |      |
|    | rd | 40 <b>Kevin Schelling</b> | HSA           | 36.64                  | <b>37.74</b>  |      |
|    |    | <b>Hille Drenth</b>       |               | <b>Kevin Schelling</b> |               |      |
|    |    | 100m                      | 10.47 (10,47) | 100m                   | 10.41 (10,41) |      |
|    |    | 500m                      | 39.01 (28,54) | 500m                   | 37.74 (27,33) |      |

|    |    | Naam                    | Cat | PR    | Tijd         | Info |
|----|----|-------------------------|-----|-------|--------------|------|
| 11 | wt | 9 <b>Niek Deelstra</b>  | HN3 | 35.58 | <b>36.98</b> |      |
|    | rd | 30 <b>Elwin Jongman</b> | HN1 | 36.28 | <b>37.13</b> |      |

**Niek Deelstra**

|      |       |         |
|------|-------|---------|
| 100m | 10.09 | (10,09) |
| 500m | 36.98 | (26,89) |

**Elwin Jongman**

|      |       |         |
|------|-------|---------|
| 100m | 10.28 | (10,28) |
| 500m | 37.13 | (26,85) |

|    |    | Naam                            | Cat   | PR      | Tijd | Info          |
|----|----|---------------------------------|-------|---------|------|---------------|
| 12 | wt | 7 <b>Stef Brandsen</b>          | HN1   | 36.21   |      | <b>36.97</b>  |
|    | rd | 13 <b>Joost van Dobbenburgh</b> | HN3   | 35.62   |      | <b>37.41</b>  |
|    |    | <b>Stef Brandsen</b>            |       |         |      |               |
|    |    | 100m                            | 10.25 | (10,25) | 100m | 10.48 (10,48) |
|    |    | 500m                            | 36.97 | (26,72) | 500m | 37.41 (26,93) |

|    |    | Naam         |              |         | Cat | PR       |       | Tijd Info |  |
|----|----|--------------|--------------|---------|-----|----------|-------|-----------|--|
| 13 | wt | 24           | Thijs Govers |         |     | HN3      | 35.75 | 36.77     |  |
|    | rd | 33           | Tom Kant     |         |     | HN4      | 35.64 | 36.77     |  |
|    |    | Thijs Govers |              |         |     | Tom Kant |       |           |  |
|    |    | 100m         | 10.17        | (10,17) |     | 100m     | 10.20 | (10,20)   |  |
|    |    | 500m         | 36.77        | (26,60) |     | 500m     | 36.77 | (26,57)   |  |

|    |    | Naam       |                |       | Cat     |                |      | PR    | Tijd Info |       |
|----|----|------------|----------------|-------|---------|----------------|------|-------|-----------|-------|
| 14 | wt | 53         | Serge Yoro     |       |         | HN1            |      |       | 35.81     | 36.77 |
|    | rd | 20         | Mika van Essen |       |         | HN1            |      |       | 35.85     | 36.76 |
|    |    | Serge Yoro |                |       |         | Mika van Essen |      |       |           |       |
|    |    |            | 100m           | 10.37 | (10,37) |                | 100m | 10.23 | (10,23)   |       |
|    |    |            | 500m           | 36.77 | (26,40) |                | 500m | 36.76 | (26,53)   |       |

|    |    | Naam         |       |               | Cat |               |       | PR      | Tijd Info |  |  |
|----|----|--------------|-------|---------------|-----|---------------|-------|---------|-----------|--|--|
| 15 | wt | 6            |       | Janno Botman  |     | HN1           |       | 35.38   | 36.51     |  |  |
|    | rd | 29           |       | Jesper Hospes |     | HSB           |       | 34.50   | 36.68     |  |  |
|    |    | Janno Botman |       |               |     | Jesper Hospes |       |         |           |  |  |
|    |    | 100m         | 10.17 | (10,17)       |     | 100m          | 10.07 | (10,07) |           |  |  |
|    |    | 500m         | 36.51 | (26,34)       |     | 500m          | 36.68 | (26,61) |           |  |  |

|    |    | Naam           |                  |       | Cat     | PR  |                  |       | Tijd Info |       |  |
|----|----|----------------|------------------|-------|---------|-----|------------------|-------|-----------|-------|--|
| 16 | wt | 47             | Lennart Velema   |       |         | HSA | 34.98            |       |           | 36.05 |  |
|    | rd | 31             | Gerben Jorritsma |       |         | HSA | 34.53            |       |           | 36.51 |  |
|    |    | Lennart Velema |                  |       |         |     | Gerben Jorritsma |       |           |       |  |
|    |    |                | 100m             | 10.00 | (10,00) |     | 100m             | 9.96  | (9,96)    |       |  |
|    |    |                | 500m             | 36.05 | (26,05) |     | 500m             | 36.51 | (26,55)   |       |  |

|    |    | Naam                         |       | Cat     |      | PR                        | Tijd         | Info |
|----|----|------------------------------|-------|---------|------|---------------------------|--------------|------|
| 17 | wt | 19 <b>Gijs Esders</b>        |       | HSA     |      | 34.99                     | <b>36.27</b> |      |
|    | rd | 41 <b>Merijn Scheperkamp</b> |       | HN1     |      | 35.63                     | <b>36.53</b> |      |
|    |    | <b>Gijs Esders</b>           |       |         |      | <b>Merijn Scheperkamp</b> |              |      |
|    |    | 100m                         | 10.08 | (10,08) | 100m | 10.08                     | (10,08)      |      |
|    |    | 500m                         | 36.27 | (26,19) | 500m | 36.53                     | (26,45)      |      |
| 18 | wt | 21 <b>Thomas Geerdinck</b>   |       | HSA     |      | 35.57                     | <b>36.66</b> |      |
|    | rd | 42 <b>Tijmen Snel</b>        |       | HN3     |      | 35.35                     | <b>36.54</b> |      |
|    |    | <b>Thomas Geerdinck</b>      |       |         |      | <b>Tijmen Snel</b>        |              |      |
|    |    | 100m                         | 10.11 | (10,11) | 100m | 10.05                     | (10,05)      |      |
|    |    | 500m                         | 36.66 | (26,55) | 500m | 36.54                     | (26,49)      |      |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 5. Uitslag Dames 1000 meter

| Pos |    | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 6  | <b>Femke Beuling</b>           | DN1 | 8    | I    | <b>1:20.07</b> |      |        |
| 2   | 13 | <b>Anice Das</b>               | DSB | 10   | I    | <b>1:20.75</b> |      |        |
| 3   | 45 | <b>Manouk van Tol</b>          | DSA | 8    | O    | <b>1:20.81</b> |      |        |
| 4   | 14 | <b>Helga Drost</b>             | DN2 | 9    | I    | <b>1:21.55</b> |      |        |
| 5   | 43 | <b>Esmé Stollenga</b>          | DSA | 7    | O    | <b>1:21.74</b> |      |        |
| 6   | 47 | <b>Naomi Verkerk</b>           | DN1 | 10   | O    | <b>1:22.80</b> |      |        |
| 7   | 20 | <b>Leeyen Hartevelt</b>        | DSA | 9    | O    | <b>1:23.14</b> |      |        |
| 8   | 11 | <b>Tessa Boogaard</b>          | DSA | 6    | I    | <b>1:23.20</b> |      |        |
| 9   | 2  | <b>Danouk Bannink</b>          | DN4 | 7    | I    | <b>1:23.60</b> |      |        |
| 10  | 23 | <b>Anouk Karel</b>             | DN4 | 5    | O    | <b>1:24.52</b> |      |        |
| 11  | 34 | <b>Lina Miedema</b>            | DN3 | 3    | I    | <b>1:25.13</b> |      |        |
| 12  | 52 | <b>Naomi Weeland</b>           | DN4 | 4    | I    | <b>1:25.27</b> |      |        |
| 13  | 57 | <b>Lianne van Loon</b>         | DN1 | 5    | I    | <b>1:25.45</b> |      |        |
| 14  | 53 | <b>Sacha van der Weide</b>     | DA1 | 6    | O    | <b>1:25.98</b> |      |        |
| 15  | 15 | <b>Romée Ebbinge</b>           | DN2 | 3    | O    | <b>1:26.17</b> |      |        |
| 16  | 51 | <b>Henny de Vries</b>          | DA1 | 4    | O    | <b>1:26.49</b> |      |        |
| 17  | 22 | <b>Emma Kant</b>               | DA2 | 2    | O    | <b>1:26.50</b> |      |        |
| 18  | 41 | <b>Marjolein van der Steen</b> | DSA | 1    | I    | <b>1:27.25</b> |      |        |
| 19  | 39 | <b>Tessa Oudman</b>            | DN1 | 2    | I    | <b>1:28.68</b> |      |        |
| 20  | 24 | <b>Sylke Kas</b>               | DA1 | 1    | O    | <b>1:30.19</b> |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 5. Rituitslag Dames 1000 meter

|   |    | Naam                              | Cat | PR                    | Tijd           | Info |
|---|----|-----------------------------------|-----|-----------------------|----------------|------|
| 1 | wt | 41 <b>Marjolein van der Steen</b> | DSA | 1:21.29               | <b>1:27.25</b> |      |
|   | rd | 24 <b>Sylke Kas</b>               | DA1 | 1:22.90               | <b>1:30.19</b> |      |
|   |    | <b>Marjolein van der Steen</b>    |     | <b>Sylke Kas</b>      |                |      |
|   |    | 200m 20.23 (20,23)                |     | 200m 21.04 (21,04)    |                |      |
|   |    | 600m 52.14 (31,91)                |     | 600m 54.10 (33,06)    |                |      |
|   |    | 1000m 1:27.25 (35,11)             |     | 1000m 1:30.19 (36,09) |                |      |

|   |    | Naam                   | Cat | PR                    | Tijd           | Info |
|---|----|------------------------|-----|-----------------------|----------------|------|
| 2 | gl | 39 <b>Tessa Oudman</b> | DN1 | 1:23.16               | <b>1:28.68</b> |      |
|   | bl | 22 <b>Emma Kant</b>    | DA2 | 1:21.63               | <b>1:26.50</b> |      |
|   |    | <b>Tessa Oudman</b>    |     | <b>Emma Kant</b>      |                |      |
|   |    | 200m 19.96 (19,96)     |     | 200m 19.84 (19,84)    |                |      |
|   |    | 600m 51.98 (32,02)     |     | 600m 51.18 (31,34)    |                |      |
|   |    | 1000m 1:28.68 (36,70)  |     | 1000m 1:26.50 (35,32) |                |      |

|   |    | Naam                    | Cat | PR                    | Tijd           | Info |
|---|----|-------------------------|-----|-----------------------|----------------|------|
| 3 | wt | 34 <b>Lina Miedema</b>  | DN3 | 1:17.56               | <b>1:25.13</b> |      |
|   | rd | 15 <b>Romée Ebbinge</b> | DN2 | 1:21.86               | <b>1:26.17</b> |      |
|   |    | <b>Lina Miedema</b>     |     | <b>Romée Ebbinge</b>  |                |      |
|   |    | 200m 19.44 (19,44)      |     | 200m 20.56 (20,56)    |                |      |
|   |    | 600m 50.69 (31,25)      |     | 600m 52.34 (31,78)    |                |      |
|   |    | 1000m 1:25.13 (34,44)   |     | 1000m 1:26.17 (33,83) |                |      |

|   |    | Naam                     | Cat | PR                    | Tijd           | Info |
|---|----|--------------------------|-----|-----------------------|----------------|------|
| 4 | gl | 52 <b>Naomi Weeland</b>  | DN4 | 1:20.56               | <b>1:25.27</b> |      |
|   | bl | 51 <b>Henny de Vries</b> | DA1 | 1:21.87               | <b>1:26.49</b> |      |
|   |    | <b>Naomi Weeland</b>     |     | <b>Henny de Vries</b> |                |      |
|   |    | 200m 19.38 (19,38)       |     | 200m 20.12 (20,12)    |                |      |
|   |    | 600m 50.22 (30,84)       |     | 600m 51.44 (31,32)    |                |      |
|   |    | 1000m 1:25.27 (35,05)    |     | 1000m 1:26.49 (35,05) |                |      |

|   |    | Naam                      | Cat | PR      | Tijd           | Info |
|---|----|---------------------------|-----|---------|----------------|------|
| 5 | wt | 57 <b>Lianne van Loon</b> | DN1 | 1:20.84 | <b>1:25.45</b> |      |
|   | rd | 23 <b>Anouk Karel</b>     | DN4 | 1:19.76 | <b>1:24.52</b> |      |

## Lianne van Loon

|       |         |         |
|-------|---------|---------|
| 200m  | 19.37   | (19,37) |
| 600m  | 50.46   | (31,09) |
| 1000m | 1:25.45 | (34,99) |

## Anouk Karel

|       |         |         |
|-------|---------|---------|
| 200m  | 19.31   | (19,31) |
| 600m  | 50.24   | (30,93) |
| 1000m | 1:24.52 | (34,28) |

|   |    | Naam                   | Cat | PR      | Tijd Info |
|---|----|------------------------|-----|---------|-----------|
| 6 | gl | 11 Tessa Boogaard      | DSA | 1:17.71 | 1:23.20   |
|   | bl | 53 Sacha van der Weide | DA1 | 1:21.98 | 1:25.98   |

## Tessa Boogaard

|       |         |         |
|-------|---------|---------|
| 200m  | 19.37   | (19,37) |
| 600m  | 50.12   | (30,75) |
| 1000m | 1:23.20 | (33,08) |

## Sacha van der Weide

|       |         |         |
|-------|---------|---------|
| 200m  | 19.83   | (19,83) |
| 600m  | 51.45   | (31,62) |
| 1000m | 1:25.98 | (34,53) |

|   |    | Naam              | Cat | PR      | Tijd Info |
|---|----|-------------------|-----|---------|-----------|
| 7 | wt | 2 Danouk Bannink  | DN4 | 1:19.46 | 1:23.60   |
|   | rd | 43 Esmé Stollenga | DSA | 1:16.53 | 1:21.74   |

## Danouk Bannink

|       |         |         |
|-------|---------|---------|
| 200m  | 19.20   | (19,20) |
| 600m  | 49.58   | (30,38) |
| 1000m | 1:23.60 | (34,02) |

## Esmé Stollenga

|       |         |         |
|-------|---------|---------|
| 200m  | 19.08   | (19,08) |
| 600m  | 48.89   | (29,81) |
| 1000m | 1:21.74 | (32,85) |

|   |    | Naam              | Cat | PR      | Tijd Info |
|---|----|-------------------|-----|---------|-----------|
| 8 | gl | 6 Femke Beuling   | DN1 | 1:16.60 | 1:20.07   |
|   | bl | 45 Manouk van Tol | DSA | 1:16.22 | 1:20.81   |

## Femke Beuling

|       |         |         |
|-------|---------|---------|
| 200m  | 18.34   | (18,34) |
| 600m  | 47.53   | (29,19) |
| 1000m | 1:20.07 | (32,54) |

## Manouk van Tol

|       |         |         |
|-------|---------|---------|
| 200m  | 19.02   | (19,02) |
| 600m  | 48.32   | (29,30) |
| 1000m | 1:20.81 | (32,49) |

|   |    | Naam                | Cat | PR      | Tijd Info |
|---|----|---------------------|-----|---------|-----------|
| 9 | wt | 14 Helga Drost      | DN2 | 1:15.84 | 1:21.55   |
|   | rd | 20 Leeyen Harteveld | DSA | 1:17.58 | 1:23.14   |

## Helga Drost

|       |         |         |
|-------|---------|---------|
| 200m  | 18.44   | (18,44) |
| 600m  | 48.22   | (29,78) |
| 1000m | 1:21.55 | (33,33) |

## Leeyen Harteveld

|       |         |         |
|-------|---------|---------|
| 200m  | 19.29   | (19,29) |
| 600m  | 49.36   | (30,07) |
| 1000m | 1:23.14 | (33,78) |

|    |    | Naam             | Cat | PR      | Tijd Info |
|----|----|------------------|-----|---------|-----------|
| 10 | gl | 13 Anice Das     | DSB | 1:15.11 | 1:20.75   |
|    | bl | 47 Naomi Verkerk | DN1 | 1:19.22 | 1:22.80   |

**Anice Das**

|       |         |         |
|-------|---------|---------|
| 200m  | 18.68   | (18,68) |
| 600m  | 48.48   | (29,80) |
| 1000m | 1:20.75 | (32,27) |

**Naomi Verkerk**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.18   | (19,18) |
| 600m  | 49.94   | (30,76) |
| 1000m | 1:22.80 | (32,86) |



## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 6. Uitslag Out of competition Dames 1000 meter

| Pos |   | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---|------------------|-----|------|------|---------|------|--------|
| 1   | 1 | Michelle de Jong | DN1 | 13   | I    | 1:22.00 |      |        |

## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 6. Rituitslag Out of competition Dames 1000 meter

|                         |          | Naam                      | Cat             | PR      | Tijd Info      |
|-------------------------|----------|---------------------------|-----------------|---------|----------------|
| 13                      | wt<br>rd | 1 <b>Michelle de Jong</b> | DN1             | 1:16.17 | <b>1:22.00</b> |
| <b>Michelle de Jong</b> |          |                           |                 |         |                |
|                         |          | 200m                      | 18.69 (18,69)   |         | m              |
|                         |          | 600m                      | 48.32 (29,63)   |         |                |
|                         |          | 1000m                     | 1:22.00 (33,68) |         |                |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 7. Uitslag Heren 1000 meter

| Pos |    | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----|------------------------|-----|------|------|---------|------|--------|
| 1   | 11 | Wesly Dijs             | HSA | 17   | O    | 1:12.23 |      |        |
| 2   | 41 | Merijn Scheperkamp     | HN1 | 12   | I    | 1:12.75 |      |        |
| 3   | 33 | Tom Kant               | HN4 | 17   | I    | 1:13.21 |      |        |
| 4   | 19 | Gijs Esders            | HSA | 16   | I    | 1:13.42 |      |        |
| 5   | 6  | Janno Botman           | HN1 | 15   | I    | 1:13.52 |      |        |
| 6   | 53 | Serge Yoro             | HN1 | 11   | I    | 1:13.80 |      |        |
| 7   | 21 | Thomas Geerdinck       | HSA | 18   | I    | 1:13.87 |      |        |
| 8   | 46 | Kai in 't Veld         | HA1 | 12   | O    | 1:13.91 |      |        |
| 9   | 42 | Tijmen Snel            | HN3 | 16   | O    | 1:13.95 |      |        |
| 10  | 31 | Gerben Jorritsma       | HSA | 18   | O    | 1:14.04 |      |        |
|     | 32 | Joep Kalverdijk        | HSA | 13   | I    | 1:14.04 |      |        |
| 12  | 13 | Joost van Dobbenburgh  | HN3 | 14   | I    | 1:14.11 |      |        |
| 13  | 24 | Thijs Govers           | HN3 | 14   | O    | 1:14.49 |      |        |
| 14  | 30 | Elwin Jongman          | HN1 | 7    | O    | 1:14.78 |      |        |
| 15  | 7  | Stef Brandsen          | HN1 | 9    | I    | 1:15.38 |      |        |
| 16  | 29 | Jesper Hospes          | HSB | 13   | O    | 1:15.49 |      |        |
| 17  | 9  | Niek Deelstra          | HN3 | 8    | I    | 1:15.50 |      |        |
| 18  | 18 | Jacco Efdé             | HN1 | 8    | O    | 1:15.53 |      |        |
| 19  | 26 | Rem de Hair            | HA2 | 10   | I    | 1:15.97 |      |        |
| 20  | 49 | Thijs Vermaak          | HN2 | 3    | I    | 1:16.05 |      |        |
| 21  | 48 | Jan Hein Verhoeff      | HN2 | 10   | O    | 1:16.24 |      |        |
| 22  | 40 | Kevin Schelling        | HSA | 2    | I    | 1:16.42 |      |        |
| 23  | 44 | Daan Spruit            | HA1 | 6    | O    | 1:16.53 |      |        |
| 24  | 8  | Armand Broos           | HA2 | 4    | I    | 1:16.54 | HT   |        |
| 25  | 15 | Michaël den Draak Borm | HN1 | 6    | I    | 1:16.83 |      |        |
| 26  | 1  | Raoul van Aken         | HA2 | 7    | I    | 1:17.13 |      |        |
| 27  | 37 | Daan Kool              | HA2 | 9    | O    | 1:17.15 |      |        |
| 28  | 2  | Jordy Blokland         | HN2 | 4    | O    | 1:17.47 |      |        |
| 29  | 10 | Jornt Dijk             | HA2 | 5    | O    | 1:18.20 |      |        |
| 30  | 23 | Olof Gerritsen         | HSA | 3    | O    | 1:18.36 |      |        |
| 31  | 28 | Jens Hoekstra          | HN1 | 1    | I    | 1:19.93 |      |        |
| 32  | 36 | Calvin van Klink       | HN3 | 2    | O    | 1:20.10 |      |        |
|     | 16 | Hille Drenth           | HSA | 5    | I    | DNS     |      |        |
|     | 20 | Mika van Essen         | HN1 | 11   | O    | DNS     |      |        |
|     | 47 | Lennart Velema         | HSA | 15   | O    | DNS     |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 7. Rituitslag Heren 1000 meter

|   |          | Naam                    | Cat | PR      | Tijd Info      |
|---|----------|-------------------------|-----|---------|----------------|
| 1 | wt<br>rd | 28 <b>Jens Hoekstra</b> | HN1 | 1:13.53 | <b>1:19.93</b> |

#### Jens Hoekstra

|       |         |         |
|-------|---------|---------|
| 200m  | 18.03   | (18,03) |
| 600m  | 47.12   | (29,09) |
| 1000m | 1:19.93 | (32,81) |

m

|   |    | Naam                       | Cat | PR      | Tijd Info      |
|---|----|----------------------------|-----|---------|----------------|
| 2 | gl | 40 <b>Kevin Schelling</b>  | HSA | 1:13.02 | <b>1:16.42</b> |
|   | bl | 36 <b>Calvin van Klink</b> | HN3 | 1:15.10 | <b>1:20.10</b> |

#### Kevin Schelling

|       |         |         |
|-------|---------|---------|
| 200m  | 18.05   | (18,05) |
| 600m  | 45.97   | (27,92) |
| 1000m | 1:16.42 | (30,45) |

#### Calvin van Klink

|       |         |         |
|-------|---------|---------|
| 200m  | 18.42   | (18,42) |
| 600m  | 47.99   | (29,57) |
| 1000m | 1:20.10 | (32,11) |

|   |    | Naam                     | Cat | PR      | Tijd Info      |
|---|----|--------------------------|-----|---------|----------------|
| 3 | wt | 49 <b>Thijs Vermaak</b>  | HN2 | 1:13.06 | <b>1:16.05</b> |
|   | rd | 23 <b>Olof Gerritsen</b> | HSA | 1:11.66 | <b>1:18.36</b> |

#### Thijs Vermaak

|       |         |         |
|-------|---------|---------|
| 200m  | 17.95   | (17,95) |
| 600m  | 46.11   | (28,16) |
| 1000m | 1:16.05 | (29,94) |

#### Olof Gerritsen

|       |         |         |
|-------|---------|---------|
| 200m  | 18.36   | (18,36) |
| 600m  | 47.03   | (28,67) |
| 1000m | 1:18.36 | (31,33) |

|   |    | Naam                    | Cat | PR      | Tijd Info         |
|---|----|-------------------------|-----|---------|-------------------|
| 4 | gl | 8 <b>Armand Broos</b>   | HA2 | 1:14.04 | <b>1:16.54</b> HT |
|   | bl | 2 <b>Jordy Blokland</b> | HN2 | 1:14.18 | <b>1:17.47</b>    |

#### Armand Broos

|      |         |         |
|------|---------|---------|
| 200m | 1:16.54 | (76,54) |
|------|---------|---------|

#### Jordy Blokland

|       |         |         |
|-------|---------|---------|
| 200m  | 18.73   | (18,73) |
| 600m  | 47.20   | (28,47) |
| 1000m | 1:17.47 | (30,27) |

|   |    | Naam                   | Cat | PR      | Tijd Info      |
|---|----|------------------------|-----|---------|----------------|
| 5 | wt | 16 <b>Hille Drenth</b> | HSA | 1:11.67 | <b>DNS</b>     |
|   | rd | 10 <b>Jornt Dijk</b>   | HA2 | 1:14.20 | <b>1:18.20</b> |

Hille Drenth

Jornt Dijk

|       |         |         |
|-------|---------|---------|
| 200m  | 18.43   | (18,43) |
| 600m  | 47.18   | (28,75) |
| 1000m | 1:18.20 | (31,02) |

|                               |    | Naam                             | Cat                | PR      | Tijd Info             |
|-------------------------------|----|----------------------------------|--------------------|---------|-----------------------|
| 6                             | gl | 15 <b>Michaël den Draak Borm</b> | HN1                | 1:14.26 | <b>1:16.83</b>        |
|                               | bl | 44 <b>Daan Spruit</b>            | HA1                | 1:13.91 | <b>1:16.53</b>        |
| <b>Michaël den Draak Borm</b> |    |                                  | <b>Daan Spruit</b> |         |                       |
|                               |    | 200m                             | 17.63              | (17,63) | 200m 18.01 (18,01)    |
|                               |    | 600m                             | 45.76              | (28,13) | 600m 45.99 (27,98)    |
|                               |    | 1000m                            | 1:16.83            | (31,07) | 1000m 1:16.53 (30,54) |

|                       |    | Naam                    | Cat                  | PR      | Tijd Info             |
|-----------------------|----|-------------------------|----------------------|---------|-----------------------|
| 7                     | wt | 1 <b>Raoul van Aken</b> | HA2                  | 1:12.70 | <b>1:17.13</b>        |
|                       | rd | 30 <b>Elwin Jongman</b> | HN1                  | 1:11.83 | <b>1:14.78</b>        |
| <b>Raoul van Aken</b> |    |                         | <b>Elwin Jongman</b> |         |                       |
|                       |    | 200m                    | 17.89                | (17,89) | 200m 17.63 (17,63)    |
|                       |    | 600m                    | 46.14                | (28,25) | 600m 45.03 (27,40)    |
|                       |    | 1000m                   | 1:17.13              | (30,99) | 1000m 1:14.78 (29,75) |

|                      |    | Naam                   | Cat               | PR      | Tijd Info             |
|----------------------|----|------------------------|-------------------|---------|-----------------------|
| 8                    | gl | 9 <b>Niek Deelstra</b> | HN3               | 1:10.35 | <b>1:15.50</b>        |
|                      | bl | 18 <b>Jacco Efdé</b>   | HN1               | 1:13.18 | <b>1:15.53</b>        |
| <b>Niek Deelstra</b> |    |                        | <b>Jacco Efdé</b> |         |                       |
|                      |    | 200m                   | 17.33             | (17,33) | 200m 18.05 (18,05)    |
|                      |    | 600m                   | 44.99             | (27,66) | 600m 46.04 (27,99)    |
|                      |    | 1000m                  | 1:15.50           | (30,51) | 1000m 1:15.53 (29,49) |

|                      |    | Naam                   | Cat              | PR      | Tijd Info             |
|----------------------|----|------------------------|------------------|---------|-----------------------|
| 9                    | wt | 7 <b>Stef Brandsen</b> | HN1              | 1:12.51 | <b>1:15.38</b>        |
|                      | rd | 37 <b>Daan Kool</b>    | HA2              | 1:12.87 | <b>1:17.15</b>        |
| <b>Stef Brandsen</b> |    |                        | <b>Daan Kool</b> |         |                       |
|                      |    | 200m                   | 17.23            | (17,23) | 200m 17.88 (17,88)    |
|                      |    | 600m                   | 45.00            | (27,77) | 600m 46.15 (28,27)    |
|                      |    | 1000m                  | 1:15.38          | (30,38) | 1000m 1:17.15 (31,00) |

|    |    | Naam                        | Cat | PR      | Tijd Info      |
|----|----|-----------------------------|-----|---------|----------------|
| 10 | gl | 26 <b>Rem de Hair</b>       | HA2 | 1:13.13 | <b>1:15.97</b> |
|    | bl | 48 <b>Jan Hein Verhoeff</b> | HN2 | 1:13.63 | <b>1:16.24</b> |

**Rem de Hair**

|       |         |         |
|-------|---------|---------|
| 200m  | 17.48   | (17,48) |
| 600m  | 45.25   | (27,77) |
| 1000m | 1:15.97 | (30,72) |

**Jan Hein Verhoeff**

|       |         |         |
|-------|---------|---------|
| 200m  | 17.53   | (17,53) |
| 600m  | 45.43   | (27,90) |
| 1000m | 1:16.24 | (30,81) |

|    |    | Naam                     | Cat     | PR      | Tijd Info      |
|----|----|--------------------------|---------|---------|----------------|
| 11 | wt | 53 <b>Serge Yoro</b>     | HN1     | 1:10.60 | <b>1:13.80</b> |
|    | rd | 20 <b>Mika van Essen</b> | HN1     | 1:10.50 | <b>DNS</b>     |
|    |    | <b>Serge Yoro</b>        |         |         |                |
|    |    | 200m                     | 17.57   | (17,57) |                |
|    |    | 600m                     | 44.50   | (26,93) |                |
|    |    | 1000m                    | 1:13.80 | (29,30) |                |
|    |    | <b>Mika van Essen</b>    |         |         |                |

|    |    | Naam                         | Cat     | PR      | Tijd Info      |
|----|----|------------------------------|---------|---------|----------------|
| 12 | gl | 41 <b>Merijn Scheperkamp</b> | HN1     | 1:10.01 | <b>1:12.75</b> |
|    | bl | 46 <b>Kai in 't Veld</b>     | HA1     | 1:11.51 | <b>1:13.91</b> |
|    |    | <b>Merijn Scheperkamp</b>    |         |         |                |
|    |    | 200m                         | 17.14   | (17,14) |                |
|    |    | 600m                         | 43.77   | (26,63) |                |
|    |    | 1000m                        | 1:12.75 | (28,98) |                |
|    |    | <b>Kai in 't Veld</b>        |         |         |                |
|    |    | 200m                         | 18.22   | (18,22) |                |
|    |    | 600m                         | 45.16   | (26,94) |                |
|    |    | 1000m                        | 1:13.91 | (28,75) |                |

|    |    | Naam                      | Cat     | PR      | Tijd Info      |
|----|----|---------------------------|---------|---------|----------------|
| 13 | wt | 32 <b>Joep Kalverdijk</b> | HSA     | 1:10.58 | <b>1:14.04</b> |
|    | rd | 29 <b>Jesper Hospes</b>   | HSB     | 1:09.01 | <b>1:15.49</b> |
|    |    | <b>Joep Kalverdijk</b>    |         |         |                |
|    |    | 200m                      | 17.50   | (17,50) |                |
|    |    | 600m                      | 44.87   | (27,37) |                |
|    |    | 1000m                     | 1:14.04 | (29,17) |                |
|    |    | <b>Jesper Hospes</b>      |         |         |                |
|    |    | 200m                      | 17.36   | (17,36) |                |
|    |    | 600m                      | 44.63   | (27,27) |                |
|    |    | 1000m                     | 1:15.49 | (30,86) |                |

|    |    | Naam                            | Cat     | PR      | Tijd Info      |
|----|----|---------------------------------|---------|---------|----------------|
| 14 | gl | 13 <b>Joost van Dobbenburgh</b> | HN3     | 1:09.35 | <b>1:14.11</b> |
|    | bl | 24 <b>Thijs Govers</b>          | HN3     | 1:09.78 | <b>1:14.49</b> |
|    |    | <b>Joost van Dobbenburgh</b>    |         |         |                |
|    |    | 200m                            | 17.50   | (17,50) |                |
|    |    | 600m                            | 44.72   | (27,22) |                |
|    |    | 1000m                           | 1:14.11 | (29,39) |                |
|    |    | <b>Thijs Govers</b>             |         |         |                |
|    |    | 200m                            | 17.39   | (17,39) |                |
|    |    | 600m                            | 44.62   | (27,23) |                |
|    |    | 1000m                           | 1:14.49 | (29,87) |                |

|    |    | Naam                  | Cat | PR      | Tijd Info      |
|----|----|-----------------------|-----|---------|----------------|
| 15 | wt | 6 <b>Janno Botman</b> | HN1 | 1:09.61 | <b>1:13.52</b> |

15 rd 47 **Lennart Velema** HSA 1:08.60 **DNS**

**Janno Botman**

|       |         |         |
|-------|---------|---------|
| 200m  | 17.33   | (17,33) |
| 600m  | 44.09   | (26,76) |
| 1000m | 1:13.52 | (29,43) |

**Lennart Velema**

|    |    | Naam                  | Cat | PR                    | Tijd Info      |
|----|----|-----------------------|-----|-----------------------|----------------|
| 16 | gl | 19 <b>Gijs Esders</b> | HSA | 1:08.67               | <b>1:13.42</b> |
|    | bl | 42 <b>Tijmen Snel</b> | HN3 | 1:09.68               | <b>1:13.95</b> |
|    |    | <b>Gijs Esders</b>    |     | <b>Tijmen Snel</b>    |                |
|    |    | 200m 17.21 (17,21)    |     | 200m 17.37 (17,37)    |                |
|    |    | 600m 44.16 (26,95)    |     | 600m 44.51 (27,14)    |                |
|    |    | 1000m 1:13.42 (29,26) |     | 1000m 1:13.95 (29,44) |                |

|    |    | Naam                  | Cat | PR                    | Tijd Info      |
|----|----|-----------------------|-----|-----------------------|----------------|
| 17 | wt | 33 <b>Tom Kant</b>    | HN4 | 1:09.84               | <b>1:13.21</b> |
|    | rd | 11 <b>Wesly Dijs</b>  | HSA | 1:09.50               | <b>1:12.23</b> |
|    |    | <b>Tom Kant</b>       |     | <b>Wesly Dijs</b>     |                |
|    |    | 200m 17.16 (17,16)    |     | 200m 17.84 (17,84)    |                |
|    |    | 600m 44.01 (26,85)    |     | 600m 44.26 (26,42)    |                |
|    |    | 1000m 1:13.21 (29,20) |     | 1000m 1:12.23 (27,97) |                |

|    |    | Naam                       | Cat | PR                      | Tijd Info      |
|----|----|----------------------------|-----|-------------------------|----------------|
| 18 | gl | 21 <b>Thomas Geerdinck</b> | HSA | 1:09.80                 | <b>1:13.87</b> |
|    | bl | 31 <b>Gerben Jorritsma</b> | HSA | 1:07.20                 | <b>1:14.04</b> |
|    |    | <b>Thomas Geerdinck</b>    |     | <b>Gerben Jorritsma</b> |                |
|    |    | 200m 17.24 (17,24)         |     | 200m 17.28 (17,28)      |                |
|    |    | 600m 44.28 (27,04)         |     | 600m 44.50 (27,22)      |                |
|    |    | 1000m 1:13.87 (29,59)      |     | 1000m 1:14.04 (29,54)   |                |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 8. Uitslag Dames 500 meter herzien1

| Pos |    | Naam                    | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|----|-------------------------|-----|------|------|--------------|------|--------|
| 1   | 14 | Helga Drost             | DN2 | 8    | O    | <b>40.31</b> |      |        |
| 2   | 6  | Femke Beuling           | DN1 | 10   | I    | <b>40.37</b> |      |        |
| 3   | 13 | Anice Das               | DSB | 9    | O    | <b>40.71</b> |      |        |
| 4   | 43 | Esmé Stollenga          | DSA | 9    | I    | <b>40.84</b> |      |        |
| 5   | 47 | Naomi Verkerk           | DN1 | 8    | I    | <b>40.90</b> |      |        |
| 6   | 45 | Manouk van Tol          | DSA | 10   | O    | <b>41.28</b> |      |        |
| 7   | 52 | Naomi Weeland           | DN4 | 6    | O    | <b>41.66</b> |      |        |
| 8   | 20 | Leeyen Hartevelt        | DSA | 6    | I    | <b>41.74</b> |      |        |
| 9   | 2  | Danouk Bannink          | DN4 | 7    | I    | <b>42.01</b> |      |        |
| 10  | 57 | Lianne van Loon         | DN1 | 4    | I    | <b>42.07</b> |      |        |
| 11  | 11 | Tessa Boogaard          | DSA | 5    | I    | <b>42.35</b> |      |        |
| 12  | 22 | Emma Kant               | DA2 | 4    | O    | <b>42.59</b> |      |        |
| 13  | 23 | Anouk Karel             | DN4 | 7    | O    | <b>42.66</b> |      |        |
| 14  | 34 | Lina Miedema            | DN3 | 5    | O    | <b>42.87</b> |      |        |
| 15  | 53 | Sacha van der Weide     | DA1 | 3    | O    | <b>43.00</b> |      |        |
| 16  | 41 | Marjolein van der Steen | DSA | 3    | I    | <b>43.93</b> |      |        |
| 17  | 24 | Sylke Kas               | DA1 | 2    | O    | <b>44.43</b> |      |        |
| 18  | 15 | Romée Ebbinge           | DN2 | 2    | I    | <b>44.57</b> |      |        |
| 19  | 39 | Tessa Oudman            | DN1 | 1    | I    | <b>44.66</b> |      |        |
|     | 51 | Henny de Vries          | DA1 |      |      | <b>WDR</b>   |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Print: 13-01-2020

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong



## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 8. Rituitslag Dames 500 meter herzien1

|   |    | Naam                              | Cat           | PR    | Tijd         | Info |
|---|----|-----------------------------------|---------------|-------|--------------|------|
| 1 | wt | 39 <b>Tessa Oudman</b>            | DN1           | 41.45 | <b>44.66</b> |      |
|   | rd |                                   |               |       |              |      |
|   |    | <b>Tessa Oudman</b>               |               |       |              |      |
|   |    | 100m                              | 12.19 (12,19) |       | m            |      |
|   |    | 500m                              | 44.66 (32,47) |       |              |      |
|   |    |                                   |               |       |              |      |
|   |    | Naam                              | Cat           | PR    | Tijd         | Info |
| 2 | wt | 15 <b>Romée Ebbinge</b>           | DN2           | 41.45 | <b>44.57</b> |      |
|   | rd | 24 <b>Sylke Kas</b>               | DA1           | 41.50 | <b>44.43</b> |      |
|   |    | <b>Romée Ebbinge</b>              |               |       |              |      |
|   |    | 100m                              | 12.29 (12,29) |       |              |      |
|   |    | 500m                              | 44.57 (32,28) |       |              |      |
|   |    | <b>Sylke Kas</b>                  |               |       |              |      |
|   |    | 100m                              | 12.02 (12,02) |       |              |      |
|   |    | 500m                              | 44.43 (32,41) |       |              |      |
|   |    |                                   |               |       |              |      |
|   |    | Naam                              | Cat           | PR    | Tijd         | Info |
| 3 | wt | 41 <b>Marjolein van der Steen</b> | DSA           | 40.76 | <b>43.93</b> |      |
|   | rd | 53 <b>Sacha van der Weide</b>     | DA1           | 40.33 | <b>43.00</b> |      |
|   |    | <b>Marjolein van der Steen</b>    |               |       |              |      |
|   |    | 100m                              | 11.91 (11,91) |       |              |      |
|   |    | 500m                              | 43.93 (32,02) |       |              |      |
|   |    | <b>Sacha van der Weide</b>        |               |       |              |      |
|   |    | 100m                              | 11.50 (11,50) |       |              |      |
|   |    | 500m                              | 43.00 (31,50) |       |              |      |
|   |    |                                   |               |       |              |      |
|   |    | Naam                              | Cat           | PR    | Tijd         | Info |
| 4 | wt | 57 <b>Lianne van Loon</b>         | DN1           | 39.78 | <b>42.07</b> |      |
|   | rd | 22 <b>Emma Kant</b>               | DA2           | 40.72 | <b>42.59</b> |      |
|   |    | <b>Lianne van Loon</b>            |               |       |              |      |
|   |    | 100m                              | 11.56 (11,56) |       |              |      |
|   |    | 500m                              | 42.07 (30,51) |       |              |      |
|   |    | <b>Emma Kant</b>                  |               |       |              |      |
|   |    | 100m                              | 11.65 (11,65) |       |              |      |
|   |    | 500m                              | 42.59 (30,94) |       |              |      |
|   |    |                                   |               |       |              |      |
|   |    | Naam                              | Cat           | PR    | Tijd         | Info |
| 5 | wt | 11 <b>Tessa Boogaard</b>          | DSA           | 38.78 | <b>42.35</b> |      |
|   | rd | 34 <b>Lina Miedema</b>            | DN3           | 38.91 | <b>42.87</b> |      |
|   |    | <b>Tessa Boogaard</b>             |               |       |              |      |
|   |    | 100m                              | 11.53 (11,53) |       |              |      |
|   |    | 500m                              | 42.35 (30,82) |       |              |      |
|   |    | <b>Lina Miedema</b>               |               |       |              |      |
|   |    | 100m                              | 11.52 (11,52) |       |              |      |
|   |    | 500m                              | 42.87 (31,35) |       |              |      |

|   |    | Naam                       | Cat           | PR                   | Tijd          | Info |
|---|----|----------------------------|---------------|----------------------|---------------|------|
| 6 | wt | 20 <b>Leeyen Harteveld</b> | DSA           | 39.70                | <b>41.74</b>  |      |
|   | rd | 52 <b>Naomi Weeland</b>    | DN4           | 39.44                | <b>41.66</b>  |      |
|   |    | <b>Leeyen Harteveld</b>    |               | <b>Naomi Weeland</b> |               |      |
|   |    | 100m                       | 11.56 (11,56) | 100m                 | 11.51 (11,51) |      |
|   |    | 500m                       | 41.74 (30,18) | 500m                 | 41.66 (30,15) |      |

|   |    | Naam                    | Cat           | PR                 | Tijd          | Info |
|---|----|-------------------------|---------------|--------------------|---------------|------|
| 7 | wt | 2 <b>Danouk Bannink</b> | DN4           | 39.42              | <b>42.01</b>  |      |
|   | rd | 23 <b>Anouk Karel</b>   | DN4           | 39.74              | <b>42.66</b>  |      |
|   |    | <b>Danouk Bannink</b>   |               | <b>Anouk Karel</b> |               |      |
|   |    | 100m                    | 11.42 (11,42) | 100m               | 11.40 (11,40) |      |
|   |    | 500m                    | 42.01 (30,59) | 500m               | 42.66 (31,26) |      |

|   |    | Naam                    | Cat           | PR                 | Tijd          | Info |
|---|----|-------------------------|---------------|--------------------|---------------|------|
| 8 | wt | 47 <b>Naomi Verkerk</b> | DN1           | 39.20              | <b>40.90</b>  |      |
|   | rd | 14 <b>Helga Drost</b>   | DN2           | 38.34              | <b>40.31</b>  |      |
|   |    | <b>Naomi Verkerk</b>    |               | <b>Helga Drost</b> |               |      |
|   |    | 100m                    | 11.06 (11,06) | 100m               | 11.03 (11,03) |      |
|   |    | 500m                    | 40.90 (29,84) | 500m               | 40.31 (29,28) |      |

|   |    | Naam                     | Cat           | PR               | Tijd          | Info |
|---|----|--------------------------|---------------|------------------|---------------|------|
| 9 | wt | 43 <b>Esmé Stollenga</b> | DSA           | 38.77            | <b>40.84</b>  |      |
|   | rd | 13 <b>Anice Das</b>      | DSB           | 37.84            | <b>40.71</b>  |      |
|   |    | <b>Esmé Stollenga</b>    |               | <b>Anice Das</b> |               |      |
|   |    | 100m                     | 11.28 (11,28) | 100m             | 11.18 (11,18) |      |
|   |    | 500m                     | 40.84 (29,56) | 500m             | 40.71 (29,53) |      |

|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
|----|----|--------------------------|---------------|-----------------------|---------------|------|
| 10 | wt | 6 <b>Femke Beuling</b>   | DN1           | 38.23                 | <b>40.37</b>  |      |
|    | rd | 45 <b>Manouk van Tol</b> | DSA           | 38.69                 | <b>41.28</b>  |      |
|    |    | <b>Femke Beuling</b>     |               | <b>Manouk van Tol</b> |               |      |
|    |    | 100m                     | 11.10 (11,10) | 100m                  | 11.56 (11,56) |      |
|    |    | 500m                     | 40.37 (29,27) | 500m                  | 41.28 (29,72) |      |

|    |    | Naam                     | Cat | PR    | Tijd       | Info |
|----|----|--------------------------|-----|-------|------------|------|
| 11 | wt |                          |     |       |            |      |
|    | rd | 51 <b>Henny de Vries</b> | DA1 | 40.51 | <b>WDR</b> |      |



BAANCOMMISSIE  
UTRECHT



Henny de Vries

m

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 9. Uitslag Heren 500 meter

| Pos |    | Naam                   | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----|------------------------|-----|------|------|-------|------|--------|
| 1   | 19 | Gijs Esders            | HSA | 15   | O    | 36.42 |      |        |
| 2   | 29 | Jesper Hospes          | HSB | 11   | I    | 36.63 |      |        |
| 3   | 6  | Janno Botman           | HN1 | 14   | O    | 36.94 |      |        |
| 4   | 31 | Gerben Jorritsma       | HSA | 12   | I    | 36.96 |      |        |
| 5   | 41 | Merijn Scheperkamp     | HN1 | 15   | I    | 37.07 |      |        |
| 6   | 30 | Elwin Jongman          | HN1 | 9    | I    | 37.17 |      |        |
| 7   | 24 | Thijs Govers           | HN3 | 12   | O    | 37.21 |      |        |
|     | 42 | Tijmen Snel            | HN3 | 13   | I    | 37.21 |      |        |
| 9   | 7  | Stef Brandsen          | HN1 | 11   | O    | 37.36 |      |        |
| 10  | 9  | Niek Deelstra          | HN3 | 10   | O    | 37.37 |      |        |
| 11  | 53 | Serge Yoro             | HN1 | 13   | O    | 37.46 |      |        |
| 12  | 33 | Tom Kant               | HN4 | 14   | I    | 37.51 |      |        |
| 13  | 13 | Joost van Dobbenburgh  | HN3 | 10   | I    | 37.55 |      |        |
| 14  | 32 | Joep Kalverdijk        | HSA | 8    | I    | 37.66 |      |        |
| 15  | 26 | Rem de Hair            | HA2 | 9    | O    | 37.71 |      |        |
| 16  | 40 | Kevin Schelling        | HSA | 5    | I    | 38.10 |      |        |
| 17  | 18 | Jacco Efdé             | HN1 | 6    | I    | 38.16 |      |        |
| 18  | 46 | Kai in 't Veld         | HA1 | 7    | I    | 38.27 |      |        |
| 19  | 48 | Jan Hein Verhoeff      | HN2 | 7    | O    | 38.38 |      |        |
| 20  | 15 | Michaël den Draak Borm | HN1 | 6    | O    | 38.44 |      |        |
| 21  | 37 | Daan Kool              | HA2 | 5    | O    | 38.59 |      |        |
| 22  | 8  | Armand Broos           | HA2 | 8    | O    | 38.60 |      |        |
| 23  | 44 | Daan Spruit            | HA1 | 3    | I    | 38.85 |      |        |
| 24  | 2  | Jordy Blokland         | HN2 | 2    | I    | 39.64 |      |        |
| 25  | 10 | Jornt Dijk             | HA2 | 4    | O    | 40.02 |      |        |
| 26  | 36 | Calvin van Klink       | HN3 | 1    | I    | 40.11 |      |        |
|     | 49 | Thijs Vermaak          | HN2 | 4    | I    | DNF   |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

Print: 13-01-2020

## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 9. Rituitslag Heren 500 meter

|   |    | Naam                | Cat           | PR            | Tijd Info    |
|---|----|---------------------|---------------|---------------|--------------|
| 1 | wt | 36 Calvin van Klink | HN3           | 37.19         | <b>40.11</b> |
|   | rd |                     |               |               |              |
|   |    | Calvin van Klink    |               |               |              |
|   |    | 100m                | 10.67 (10,67) |               | m            |
|   |    | 500m                | 40.11 (29,44) |               |              |
|   |    |                     |               |               |              |
|   |    | Naam                | Cat           | PR            | Tijd Info    |
| 2 | wt | 2 Jordy Blokland    | HN2           | 37.60         | <b>39.64</b> |
|   | rd |                     |               |               |              |
|   |    | Jordy Blokland      |               |               |              |
|   |    | 100m                | 10.98 (10,98) |               | m            |
|   |    | 500m                | 39.64 (28,66) |               |              |
|   |    |                     |               |               |              |
|   |    | Naam                | Cat           | PR            | Tijd Info    |
| 3 | wt | 44 Daan Spruit      | HA1           | 37.06         | <b>38.85</b> |
|   | rd |                     |               |               |              |
|   |    | Daan Spruit         |               |               |              |
|   |    | 100m                | 10.79 (10,79) |               | m            |
|   |    | 500m                | 38.85 (28,06) |               |              |
|   |    |                     |               |               |              |
|   |    | Naam                | Cat           | PR            | Tijd Info    |
| 4 | wt | 49 Thijs Vermaak    | HN2           | 37.23         | <b>DNF</b>   |
|   | rd | 10 Jornt Dijk       | HA2           | 37.80         | <b>40.02</b> |
|   |    | Thijs Vermaak       | Jornt Dijk    |               |              |
|   |    |                     | 100m          | 11.13 (11,13) |              |
|   |    |                     | 500m          | 40.02 (28,89) |              |
|   |    |                     |               |               |              |
|   |    | Naam                | Cat           | PR            | Tijd Info    |
| 5 | wt | 40 Kevin Schelling  | HSA           | 36.64         | <b>38.10</b> |
|   | rd | 37 Daan Kool        | HA2           | 37.20         | <b>38.59</b> |
|   |    | Kevin Schelling     | Daan Kool     |               |              |
|   |    | 100m                | 10.48 (10,48) | 10.55 (10,55) |              |
|   |    | 500m                | 38.10 (27,62) | 38.59 (28,04) |              |

|   |    | Naam                             | Cat           | PR                            | Tijd          | Info |
|---|----|----------------------------------|---------------|-------------------------------|---------------|------|
| 6 | wt | 18 <b>Jacco Efdé</b>             | HN1           | 37.05                         | <b>38.16</b>  |      |
|   | rd | 15 <b>Michaël den Draak Borm</b> | HN1           | 37.50                         | <b>38.44</b>  |      |
|   |    | <b>Jacco Efdé</b>                |               | <b>Michaël den Draak Borm</b> |               |      |
|   |    | 100m                             | 10.63 (10,63) | 100m                          | 10.51 (10,51) |      |
|   |    | 500m                             | 38.16 (27,53) | 500m                          | 38.44 (27,93) |      |

|   |    | Naam                        | Cat           | PR                       | Tijd          | Info |
|---|----|-----------------------------|---------------|--------------------------|---------------|------|
| 7 | wt | 46 <b>Kai in 't Veld</b>    | HA1           | 37.02                    | <b>38.27</b>  |      |
|   | rd | 48 <b>Jan Hein Verhoeff</b> | HN2           | 37.07                    | <b>38.38</b>  |      |
|   |    | <b>Kai in 't Veld</b>       |               | <b>Jan Hein Verhoeff</b> |               |      |
|   |    | 100m                        | 10.85 (10,85) | 100m                     | 10.52 (10,52) |      |
|   |    | 500m                        | 38.27 (27,42) | 500m                     | 38.38 (27,86) |      |

|   |    | Naam                      | Cat           | PR                  | Tijd          | Info |
|---|----|---------------------------|---------------|---------------------|---------------|------|
| 8 | wt | 32 <b>Joep Kalverdijk</b> | HSA           | 36.21               | <b>37.66</b>  |      |
|   | rd | 8 <b>Armand Broos</b>     | HA2           | 36.81               | <b>38.60</b>  |      |
|   |    | <b>Joep Kalverdijk</b>    |               | <b>Armand Broos</b> |               |      |
|   |    | 100m                      | 10.41 (10,41) | 100m                | 10.67 (10,67) |      |
|   |    | 500m                      | 37.66 (27,25) | 500m                | 38.60 (27,93) |      |

|   |    | Naam                    | Cat           | PR                 | Tijd          | Info |
|---|----|-------------------------|---------------|--------------------|---------------|------|
| 9 | wt | 30 <b>Elwin Jongman</b> | HN1           | 36.28              | <b>37.17</b>  |      |
|   | rd | 26 <b>Rem de Hair</b>   | HA2           | 36.68              | <b>37.71</b>  |      |
|   |    | <b>Elwin Jongman</b>    |               | <b>Rem de Hair</b> |               |      |
|   |    | 100m                    | 10.37 (10,37) | 100m               | 10.21 (10,21) |      |
|   |    | 500m                    | 37.17 (26,80) | 500m               | 37.71 (27,50) |      |

|    |    | Naam                            | Cat           | PR                   | Tijd          | Info |
|----|----|---------------------------------|---------------|----------------------|---------------|------|
| 10 | wt | 13 <b>Joost van Dobbenburgh</b> | HN3           | 35.62                | <b>37.55</b>  |      |
|    | rd | 9 <b>Niek Deelstra</b>          | HN3           | 35.58                | <b>37.37</b>  |      |
|    |    | <b>Joost van Dobbenburgh</b>    |               | <b>Niek Deelstra</b> |               |      |
|    |    | 100m                            | 10.43 (10,43) | 100m                 | 10.26 (10,26) |      |
|    |    | 500m                            | 37.55 (27,12) | 500m                 | 37.37 (27,11) |      |

|    |    | Naam                    | Cat | PR    | Tijd         | Info |
|----|----|-------------------------|-----|-------|--------------|------|
| 11 | wt | 29 <b>Jesper Hospes</b> | HSB | 34.50 | <b>36.63</b> |      |
|    | rd | 7 <b>Stef Brandsen</b>  | HN1 | 36.21 | <b>37.36</b> |      |

**Jesper Hospes**

|      |       |         |
|------|-------|---------|
| 100m | 9.98  | (9,98)  |
| 500m | 36.63 | (26,65) |

**Stef Brandsen**

|      |       |         |
|------|-------|---------|
| 100m | 10.19 | (10,19) |
| 500m | 37.36 | (27,17) |

|                         |    | Naam                       | Cat                 | PR      | Tijd Info          |
|-------------------------|----|----------------------------|---------------------|---------|--------------------|
| 12                      | wt | 31 <b>Gerben Jorritsma</b> | HSA                 | 34.53   | <b>36.96</b>       |
|                         | rd | 24 <b>Thijs Govers</b>     | HN3                 | 35.75   | <b>37.21</b>       |
| <b>Gerben Jorritsma</b> |    |                            | <b>Thijs Govers</b> |         |                    |
|                         |    | 100m                       | 10.15               | (10,15) | 100m 10.19 (10,19) |
|                         |    | 500m                       | 36.96               | (26,81) | 500m 37.21 (27,02) |

|                    |    | Naam                  | Cat               | PR      | Tijd Info          |
|--------------------|----|-----------------------|-------------------|---------|--------------------|
| 13                 | wt | 42 <b>Tijmen Snel</b> | HN3               | 35.35   | <b>37.21</b>       |
|                    | rd | 53 <b>Serge Yoro</b>  | HN1               | 35.81   | <b>37.46</b>       |
| <b>Tijmen Snel</b> |    |                       | <b>Serge Yoro</b> |         |                    |
|                    |    | 100m                  | 10.30             | (10,30) | 100m 10.46 (10,46) |
|                    |    | 500m                  | 37.21             | (26,91) | 500m 37.46 (27,00) |

|                 |    | Naam                  | Cat                 | PR      | Tijd Info          |
|-----------------|----|-----------------------|---------------------|---------|--------------------|
| 14              | wt | 33 <b>Tom Kant</b>    | HN4                 | 35.64   | <b>37.51</b>       |
|                 | rd | 6 <b>Janno Botman</b> | HN1                 | 35.38   | <b>36.94</b>       |
| <b>Tom Kant</b> |    |                       | <b>Janno Botman</b> |         |                    |
|                 |    | 100m                  | 10.16               | (10,16) | 100m 10.21 (10,21) |
|                 |    | 500m                  | 37.51               | (27,35) | 500m 36.94 (26,73) |

|                           |    | Naam                         | Cat                | PR      | Tijd Info          |
|---------------------------|----|------------------------------|--------------------|---------|--------------------|
| 15                        | wt | 41 <b>Merijn Scheperkamp</b> | HN1                | 35.63   | <b>37.07</b>       |
|                           | rd | 19 <b>Gijs Esders</b>        | HSA                | 34.99   | <b>36.42</b>       |
| <b>Merijn Scheperkamp</b> |    |                              | <b>Gijs Esders</b> |         |                    |
|                           |    | 100m                         | 10.24              | (10,24) | 100m 10.03 (10,03) |
|                           |    | 500m                         | 37.07              | (26,83) | 500m 36.42 (26,39) |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 10. Uitslag Dames 1000 meter

| Pos |    | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 6  | <b>Femke Beuling</b>           | DN1 | 10   | O    | <b>1:21.31</b> |      |        |
| 2   | 45 | <b>Manouk van Tol</b>          | DSA | 9    | I    | <b>1:21.57</b> |      |        |
| 3   | 14 | <b>Helga Drost</b>             | DN2 | 9    | O    | <b>1:21.59</b> |      |        |
| 4   | 13 | <b>Anice Das</b>               | DSB | 8    | O    | <b>1:22.33</b> |      |        |
| 5   | 43 | <b>Esmé Stollenga</b>          | DSA | 10   | I    | <b>1:22.98</b> |      |        |
| 6   | 20 | <b>Leeyen Hartevelt</b>        | DSA | 7    | I    | <b>1:24.02</b> |      |        |
| 7   | 47 | <b>Naomi Verkerk</b>           | DN1 | 8    | I    | <b>1:24.29</b> |      |        |
| 8   | 52 | <b>Naomi Weeland</b>           | DN4 | 4    | O    | <b>1:25.97</b> |      |        |
| 9   | 2  | <b>Danouk Bannink</b>          | DN4 | 7    | O    | <b>1:26.00</b> |      |        |
| 10  | 11 | <b>Tessa Boogaard</b>          | DSA | 6    | O    | <b>1:26.18</b> |      |        |
| 11  | 22 | <b>Emma Kant</b>               | DA2 | 5    | I    | <b>1:26.62</b> |      |        |
| 12  | 34 | <b>Lina Miedema</b>            | DN3 | 3    | O    | <b>1:26.68</b> |      |        |
| 13  | 23 | <b>Anouk Karel</b>             | DN4 | 6    | I    | <b>1:27.01</b> |      |        |
| 14  | 57 | <b>Lianne van Loon</b>         | DN1 | 5    | O    | <b>1:27.45</b> |      |        |
| 15  | 53 | <b>Sacha van der Weide</b>     | DA1 | 4    | I    | <b>1:28.00</b> |      |        |
| 16  | 15 | <b>Romée Ebbinge</b>           | DN2 | 3    | I    | <b>1:28.50</b> |      |        |
| 17  | 41 | <b>Marjolein van der Steen</b> | DSA | 2    | O    | <b>1:29.36</b> |      |        |
| 18  | 39 | <b>Tessa Oudman</b>            | DN1 | 1    | O    | <b>1:30.54</b> |      |        |
| 19  | 24 | <b>Sylke Kas</b>               | DA1 | 2    | I    | <b>1:30.90</b> |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

Print: 13-01-2020



## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 10. Rituitslag Dames 1000 meter

|   |    | Naam                              | Cat | PR      | Tijd           | Info    |
|---|----|-----------------------------------|-----|---------|----------------|---------|
| 1 | wt |                                   |     |         |                |         |
|   | rd | 39 <b>Tessa Oudman</b>            | DN1 | 1:23.16 | <b>1:30.54</b> |         |
|   |    | <b>Tessa Oudman</b>               |     |         |                |         |
|   |    | m                                 |     | 200m    | 20.37          | (20,37) |
|   |    |                                   |     | 600m    | 53.61          | (33,24) |
|   |    |                                   |     | 1000m   | 1:30.54        | (36,93) |
|   |    |                                   |     |         |                |         |
|   |    | Naam                              | Cat | PR      | Tijd           | Info    |
| 2 | gl | 24 <b>Sylke Kas</b>               | DA1 | 1:22.90 | <b>1:30.90</b> |         |
|   | bl | 41 <b>Marjolein van der Steen</b> | DSA | 1:21.29 | <b>1:29.36</b> |         |
|   |    | <b>Sylke Kas</b>                  |     |         |                |         |
|   |    | 200m                              |     | 20.74   | (20,74)        |         |
|   |    | 600m                              |     | 54.51   | (33,77)        |         |
|   |    | 1000m                             |     | 1:30.90 | (36,39)        |         |
|   |    | <b>Marjolein van der Steen</b>    |     |         |                |         |
|   |    | 200m                              |     | 20.93   | (20,93)        |         |
|   |    | 600m                              |     | 53.59   | (32,66)        |         |
|   |    | 1000m                             |     | 1:29.36 | (35,77)        |         |
|   |    |                                   |     |         |                |         |
|   |    | Naam                              | Cat | PR      | Tijd           | Info    |
| 3 | wt | 15 <b>Romée Ebbinge</b>           | DN2 | 1:21.86 | <b>1:28.50</b> |         |
|   | rd | 34 <b>Lina Miedema</b>            | DN3 | 1:17.56 | <b>1:26.68</b> |         |
|   |    | <b>Romée Ebbinge</b>              |     |         |                |         |
|   |    | 200m                              |     | 20.82   | (20,82)        |         |
|   |    | 600m                              |     | 53.41   | (32,59)        |         |
|   |    | 1000m                             |     | 1:28.50 | (35,09)        |         |
|   |    | <b>Lina Miedema</b>               |     |         |                |         |
|   |    | 200m                              |     | 19.71   | (19,71)        |         |
|   |    | 600m                              |     | 51.37   | (31,66)        |         |
|   |    | 1000m                             |     | 1:26.68 | (35,31)        |         |
|   |    |                                   |     |         |                |         |
|   |    | Naam                              | Cat | PR      | Tijd           | Info    |
| 4 | gl | 53 <b>Sacha van der Weide</b>     | DA1 | 1:21.98 | <b>1:28.00</b> |         |
|   | bl | 52 <b>Naomi Weeland</b>           | DN4 | 1:20.56 | <b>1:25.97</b> |         |
|   |    | <b>Sacha van der Weide</b>        |     |         |                |         |
|   |    | 200m                              |     | 19.71   | (19,71)        |         |
|   |    | 600m                              |     | 51.73   | (32,02)        |         |
|   |    | 1000m                             |     | 1:28.00 | (36,27)        |         |
|   |    | <b>Naomi Weeland</b>              |     |         |                |         |
|   |    | 200m                              |     | 19.72   | (19,72)        |         |
|   |    | 600m                              |     | 50.76   | (31,04)        |         |
|   |    | 1000m                             |     | 1:25.97 | (35,21)        |         |
|   |    |                                   |     |         |                |         |
|   |    | Naam                              | Cat | PR      | Tijd           | Info    |
| 5 | wt | 22 <b>Emma Kant</b>               | DA2 | 1:21.63 | <b>1:26.62</b> |         |
|   | rd | 57 <b>Lianne van Loon</b>         | DN1 | 1:20.84 | <b>1:27.45</b> |         |

**Emma Kant**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.65   | (19,65) |
| 600m  | 51.28   | (31,63) |
| 1000m | 1:26.62 | (35,34) |

**Lianne van Loon**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.82   | (19,82) |
| 600m  | 51.54   | (31,72) |
| 1000m | 1:27.45 | (35,91) |

|   |    | Naam                     | Cat | PR      | Tijd Info      |
|---|----|--------------------------|-----|---------|----------------|
| 6 | gl | 23 <b>Anouk Karel</b>    | DN4 | 1:19.76 | <b>1:27.01</b> |
|   | bl | 11 <b>Tessa Boogaard</b> | DSA | 1:17.71 | <b>1:26.18</b> |

**Anouk Karel**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.51   | (19,51) |
| 600m  | 51.01   | (31,50) |
| 1000m | 1:27.01 | (36,00) |

**Tessa Boogaard**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.73   | (19,73) |
| 600m  | 51.08   | (31,35) |
| 1000m | 1:26.18 | (35,10) |

|   |    | Naam                       | Cat | PR      | Tijd Info      |
|---|----|----------------------------|-----|---------|----------------|
| 7 | wt | 20 <b>Leeyen Harteveld</b> | DSA | 1:17.58 | <b>1:24.02</b> |
|   | rd | 2 <b>Danouk Bannink</b>    | DN4 | 1:19.46 | <b>1:26.00</b> |

**Leeyen Harteveld**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.43   | (19,43) |
| 600m  | 49.83   | (30,40) |
| 1000m | 1:24.02 | (34,19) |

**Danouk Bannink**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.50   | (19,50) |
| 600m  | 50.88   | (31,38) |
| 1000m | 1:26.00 | (35,12) |

|   |    | Naam                    | Cat | PR      | Tijd Info      |
|---|----|-------------------------|-----|---------|----------------|
| 8 | gl | 47 <b>Naomi Verkerk</b> | DN1 | 1:19.22 | <b>1:24.29</b> |
|   | bl | 13 <b>Anice Das</b>     | DSB | 1:15.11 | <b>1:22.33</b> |

**Naomi Verkerk**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.47   | (19,47) |
| 600m  | 50.97   | (31,50) |
| 1000m | 1:24.29 | (33,32) |

**Anice Das**

|       |         |         |
|-------|---------|---------|
| 200m  | 18.97   | (18,97) |
| 600m  | 49.21   | (30,24) |
| 1000m | 1:22.33 | (33,12) |

|   |    | Naam                     | Cat | PR      | Tijd Info      |
|---|----|--------------------------|-----|---------|----------------|
| 9 | wt | 45 <b>Manouk van Tol</b> | DSA | 1:16.22 | <b>1:21.57</b> |
|   | rd | 14 <b>Helga Drost</b>    | DN2 | 1:16.32 | <b>1:21.59</b> |

**Manouk van Tol**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.25   | (19,25) |
| 600m  | 48.69   | (29,44) |
| 1000m | 1:21.57 | (32,88) |

**Helga Drost**

|       |         |         |
|-------|---------|---------|
| 200m  | 18.84   | (18,84) |
| 600m  | 48.44   | (29,60) |
| 1000m | 1:21.59 | (33,15) |

|    |    | Naam                     | Cat | PR      | Tijd Info      |
|----|----|--------------------------|-----|---------|----------------|
| 10 | gl | 43 <b>Esmé Stollenga</b> | DSA | 1:16.53 | <b>1:22.98</b> |
|    | bl | 6 <b>Femke Beuling</b>   | DN1 | 1:16.60 | <b>1:21.31</b> |

**Esmé Stollenga**

|       |         |         |
|-------|---------|---------|
| 200m  | 19.01   | (19,01) |
| 600m  | 49.17   | (30,16) |
| 1000m | 1:22.98 | (33,81) |

**Femke Beuling**

|       |         |         |
|-------|---------|---------|
| 200m  | 18.84   | (18,84) |
| 600m  | 48.40   | (29,56) |
| 1000m | 1:21.31 | (32,91) |

## Rabo Holland Cup 4/Utrecht City

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 11. Uitslag Heren 1000 meter

| Pos |    | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----|------------------------|-----|------|------|---------|------|--------|
| 1   | 42 | Tijmen Snel            | HN3 | 13   | I    | 1:13.64 |      |        |
| 2   | 19 | Gijs Esders            | HSA | 14   | O    | 1:13.67 |      |        |
| 3   | 41 | Merijn Scheperkamp     | HN1 | 13   | O    | 1:14.02 |      |        |
| 4   | 46 | Kai in 't Veld         | HA1 | 9    | I    | 1:14.60 |      |        |
| 5   | 13 | Joost van Dobbenburgh  | HN3 | 9    | O    | 1:15.21 |      |        |
| 6   | 31 | Gerben Jorritsma       | HSA | 14   | I    | 1:15.31 |      |        |
| 7   | 33 | Tom Kant               | HN4 | 11   | O    | 1:15.50 |      |        |
| 8   | 6  | Janno Botman           | HN1 | 12   | O    | 1:15.57 |      |        |
| 9   | 9  | Niek Deelstra          | HN3 | 7    | O    | 1:15.64 |      |        |
| 10  | 30 | Elwin Jongman          | HN1 | 10   | I    | 1:15.80 |      |        |
| 11  | 24 | Thijs Govers           | HN3 | 11   | I    | 1:15.82 |      |        |
| 12  | 32 | Joep Kalverdijk        | HSA | 6    | O    | 1:15.90 |      |        |
| 13  | 53 | Serge Yoro             | HN1 | 10   | O    | 1:16.01 |      |        |
| 14  | 7  | Stef Brandsen          | HN1 | 8    | O    | 1:17.12 |      |        |
| 15  | 44 | Daan Spruit            | HA1 | 7    | I    | 1:17.13 |      |        |
| 16  | 15 | Michaël den Draak Borm | HN1 | 1    | O    | 1:18.18 |      |        |
| 17  | 40 | Kevin Schelling        | HSA | 4    | O    | 1:18.59 |      |        |
| 18  | 48 | Jan Hein Verhoeff      | HN2 | 8    | I    | 1:18.86 |      |        |
| 19  | 8  | Armand Broos           | HA2 | 3    | O    | 1:19.68 |      |        |
| 20  | 26 | Rem de Hair            | HA2 | 5    | O    | 1:19.73 |      |        |
| 21  | 10 | Jornt Dijk             | HA2 | 4    | I    | 1:19.74 |      |        |
| 22  | 2  | Jordy Blokland         | HN2 | 5    | I    | 1:19.75 |      |        |
| 23  | 37 | Daan Kool              | HA2 | 6    | I    | 1:20.44 |      |        |
|     | 29 | Jesper Hospes          | HSB | 12   | I    | DQ      |      |        |

Scheidsrechters:

Jan Depping (D)

Suzan van den Belt (H)

Peter Breukers (Ass - D) , Tim Geraedts (Ass - H)

Starters:

Ingeborg Westenberg, Erik Smeenk (D)

Raymond Micka, Erik Smeenk (H)

Jelle Jan de Jong

Print: 13-01-2020

## Rabo Holland Cup 4/Utrecht City Bokaal

De Vechtsebanen - Utrecht

11 en 12 januari 2020

### 11. Rituitslag Heren 1000 meter

|   |    | Naam                             | Cat     | PR                     | Tijd           | Info            |
|---|----|----------------------------------|---------|------------------------|----------------|-----------------|
| 1 | wt |                                  |         |                        |                |                 |
|   | rd | 15 <b>Michaël den Draak Borm</b> | HN1     | 1:14.26                | <b>1:18.18</b> |                 |
|   |    | <b>Michaël den Draak Borm</b>    |         |                        |                |                 |
|   |    | m                                |         | 200m                   | 18.04          | (18,04)         |
|   |    |                                  |         | 600m                   | 46.58          | (28,54)         |
|   |    |                                  |         | 1000m                  | 1:18.18        | (31,60)         |
|   |    |                                  |         |                        |                |                 |
|   |    | Naam                             | Cat     | PR                     | Tijd           | Info            |
| 2 | gl |                                  |         |                        |                |                 |
|   | bl |                                  |         |                        |                |                 |
|   |    | m                                |         | m                      |                |                 |
|   |    |                                  |         |                        |                |                 |
|   |    | Naam                             | Cat     | PR                     | Tijd           | Info            |
| 3 | wt |                                  |         |                        |                |                 |
|   | rd | 8 <b>Armand Broos</b>            | HA2     | 1:14.04                | <b>1:19.68</b> |                 |
|   |    | <b>Armand Broos</b>              |         |                        |                |                 |
|   |    | m                                |         | 200m                   | 18.04          | (18,04)         |
|   |    |                                  |         | 600m                   | 46.67          | (28,63)         |
|   |    |                                  |         | 1000m                  | 1:19.68        | (33,01)         |
|   |    |                                  |         |                        |                |                 |
|   |    | Naam                             | Cat     | PR                     | Tijd           | Info            |
| 4 | gl | 10 <b>Jornt Dijk</b>             | HA2     | 1:14.20                | <b>1:19.74</b> |                 |
|   | bl | 40 <b>Kevin Schelling</b>        | HSA     | 1:13.02                | <b>1:18.59</b> |                 |
|   |    | <b>Jornt Dijk</b>                |         | <b>Kevin Schelling</b> |                |                 |
|   |    | 200m                             | 18.53   | (18,53)                | 200m           | 18.19 (18,19)   |
|   |    | 600m                             | 48.14   | (29,61)                | 600m           | 46.68 (28,49)   |
|   |    | 1000m                            | 1:19.74 | (31,60)                | 1000m          | 1:18.59 (31,91) |
|   |    |                                  |         |                        |                |                 |
|   |    | Naam                             | Cat     | PR                     | Tijd           | Info            |
| 5 | wt | 2 <b>Jordy Blokland</b>          | HN2     | 1:14.18                | <b>1:19.75</b> |                 |
|   | rd | 26 <b>Rem de Hair</b>            | HA2     | 1:13.13                | <b>1:19.73</b> |                 |
|   |    | <b>Jordy Blokland</b>            |         | <b>Rem de Hair</b>     |                |                 |
|   |    | 200m                             | 18.96   | (18,96)                | 200m           | 17.90 (17,90)   |

|       |         |         |       |         |         |
|-------|---------|---------|-------|---------|---------|
| 600m  | 48.53   | (29,57) | 600m  | 46.92   | (29,02) |
| 1000m | 1:19.75 | (31,22) | 1000m | 1:19.73 | (32,81) |

|   |    | Naam                      | Cat | PR                     | Tijd           | Info |
|---|----|---------------------------|-----|------------------------|----------------|------|
| 6 | gl | 37 <b>Daan Kool</b>       | HA2 | 1:12.87                | <b>1:20.44</b> |      |
|   | bl | 32 <b>Joep Kalverdijk</b> | HSA | 1:10.58                | <b>1:15.90</b> |      |
|   |    | <b>Daan Kool</b>          |     | <b>Joep Kalverdijk</b> |                |      |
|   |    | 200m 18.38 (18,38)        |     | 200m 17.98 (17,98)     |                |      |
|   |    | 600m 47.45 (29,07)        |     | 600m 45.91 (27,93)     |                |      |
|   |    | 1000m 1:20.44 (32,99)     |     | 1000m 1:15.90 (29,99)  |                |      |

|   |    | Naam                   | Cat | PR                    | Tijd           | Info |
|---|----|------------------------|-----|-----------------------|----------------|------|
| 7 | wt | 44 <b>Daan Spruit</b>  | HA1 | 1:13.91               | <b>1:17.13</b> |      |
|   | rd | 9 <b>Niek Deelstra</b> | HN3 | 1:10.35               | <b>1:15.64</b> |      |
|   |    | <b>Daan Spruit</b>     |     | <b>Niek Deelstra</b>  |                |      |
|   |    | 200m 18.08 (18,08)     |     | 200m 17.56 (17,56)    |                |      |
|   |    | 600m 45.93 (27,85)     |     | 600m 45.19 (27,63)    |                |      |
|   |    | 1000m 1:17.13 (31,20)  |     | 1000m 1:15.64 (30,45) |                |      |

|   |    | Naam                        | Cat | PR                    | Tijd           | Info |
|---|----|-----------------------------|-----|-----------------------|----------------|------|
| 8 | gl | 48 <b>Jan Hein Verhoeff</b> | HN2 | 1:13.63               | <b>1:18.86</b> |      |
|   | bl | 7 <b>Stef Brandsen</b>      | HN1 | 1:12.51               | <b>1:17.12</b> |      |
|   |    | <b>Jan Hein Verhoeff</b>    |     | <b>Stef Brandsen</b>  |                |      |
|   |    | 200m 17.65 (17,65)          |     | 200m 17.35 (17,35)    |                |      |
|   |    | 600m 46.64 (28,99)          |     | 600m 45.71 (28,36)    |                |      |
|   |    | 1000m 1:18.86 (32,22)       |     | 1000m 1:17.12 (31,41) |                |      |

|   |    | Naam                            | Cat | PR                           | Tijd           | Info |
|---|----|---------------------------------|-----|------------------------------|----------------|------|
| 9 | wt | 46 <b>Kai in 't Veld</b>        | HA1 | 1:13.04                      | <b>1:14.60</b> |      |
|   | rd | 13 <b>Joost van Dobbenburgh</b> | HN3 | 1:09.35                      | <b>1:15.21</b> |      |
|   |    | <b>Kai in 't Veld</b>           |     | <b>Joost van Dobbenburgh</b> |                |      |
|   |    | 200m 17.88 (17,88)              |     | 200m 17.69 (17,69)           |                |      |
|   |    | 600m 45.19 (27,31)              |     | 600m 44.99 (27,30)           |                |      |
|   |    | 1000m 1:14.60 (29,41)           |     | 1000m 1:15.21 (30,22)        |                |      |

|    |    | Naam                    | Cat | PR                | Tijd           | Info |
|----|----|-------------------------|-----|-------------------|----------------|------|
| 10 | gl | 30 <b>Elwin Jongman</b> | HN1 | 1:11.83           | <b>1:15.80</b> |      |
|    | bl | 53 <b>Serge Yoro</b>    | HN1 | 1:10.60           | <b>1:16.01</b> |      |
|    |    | <b>Elwin Jongman</b>    |     | <b>Serge Yoro</b> |                |      |

|       |         |         |       |         |         |
|-------|---------|---------|-------|---------|---------|
| 200m  | 17.24   | (17,24) | 200m  | 17.85   | (17,85) |
| 600m  | 44.72   | (27,48) | 600m  | 45.12   | (27,27) |
| 1000m | 1:15.80 | (31,08) | 1000m | 1:16.01 | (30,89) |

|    |    | Naam         |              |         | Cat | PR       |         | Tijd Info |         |
|----|----|--------------|--------------|---------|-----|----------|---------|-----------|---------|
| 11 | wt | 24           | Thijs Govers |         |     | HN3      | 1:09.78 |           | 1:15.82 |
|    | rd | 33           | Tom Kant     |         |     | HN4      | 1:09.84 |           | 1:15.50 |
|    |    | Thijs Govers |              |         |     | Tom Kant |         |           |         |
|    |    | 200m         | 17.26        | (17,26) |     | 200m     | 17.39   | (17,39)   |         |
|    |    | 600m         | 45.02        | (27,76) |     | 600m     | 45.04   | (27,65)   |         |
|    |    | 1000m        | 1:15.82      | (30,80) |     | 1000m    | 1:15.50 | (30,46)   |         |

|    |    | Naam                    | Cat | PR                  | Tijd    | Info           |
|----|----|-------------------------|-----|---------------------|---------|----------------|
| 12 | gl | 29 <b>Jesper Hospes</b> | HSB | 1:09.01             |         | <b>DQ</b>      |
|    | bl | 6 <b>Janno Botman</b>   | HN1 | 1:09.61             |         | <b>1:15.57</b> |
|    |    | <b>Jesper Hospes</b>    |     | <b>Janno Botman</b> |         |                |
|    |    |                         |     | 200m                | 17.63   | (17,63)        |
|    |    |                         |     | 600m                | 44.93   | (27,30)        |
|    |    |                         |     | 1000m               | 1:15.57 | (30,64)        |

|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
|----|----|------------------------------|-----------------|---------------------------|-----------------|------|
| 13 | wt | 42 <b>Tijmen Snel</b>        | HN3             | 1:09.68                   | <b>1:13.64</b>  |      |
|    | rd | 41 <b>Merijn Scheperkamp</b> | HN1             | 1:10.01                   | <b>1:14.02</b>  |      |
|    |    | <b>Tijmen Snel</b>           |                 | <b>Merijn Scheperkamp</b> |                 |      |
|    |    | 200m                         | 17.32 (17,32)   | 200m                      | 17.21 (17,21)   |      |
|    |    | 600m                         | 44.44 (27,12)   | 600m                      | 44.16 (26,95)   |      |
|    |    | 1000m                        | 1:13.64 (29,20) | 1000m                     | 1:14.02 (29,86) |      |

|    |    | Naam                       | Cat             | PR                 | Tijd            | Info |
|----|----|----------------------------|-----------------|--------------------|-----------------|------|
| 14 | gl | 31 <b>Gerben Jorritsma</b> | HSA             | 1:07.20            | <b>1:15.31</b>  |      |
|    | bl | 19 <b>Gijs Esders</b>      | HSA             | 1:08.67            | <b>1:13.67</b>  |      |
|    |    | <b>Gerben Jorritsma</b>    |                 | <b>Gijs Esders</b> |                 |      |
|    |    | 200m                       | 17.34 (17,34)   | 200m               | 16.99 (16,99)   |      |
|    |    | 600m                       | 45.00 (27,66)   | 600m               | 44.18 (27,19)   |      |
|    |    | 1000m                      | 1:15.31 (30,31) | 1000m              | 1:13.67 (29,49) |      |