

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

Ijsbaan de Meent - Alkmaar

8 november 2015

1. Uitslag Dames 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info |
|-----|-----------------------|-----|------|------|---------|------|
| 1 | 12 Esmee Visser | DN1 | 10 | I | 2:06.46 | |
| 2 | 22 Julia Berentschot | DN3 | 9 | I | 2:06.62 | |
| 3 | 2 Birgit Witte | DSB | 6 | I | 2:07.71 | PB |
| 4 | 5 Femke Markus | DA2 | 10 | O | 2:08.79 | |
| 5 | 10 Inge Mostert | DN1 | 4 | I | 2:09.15 | |
| 6 | 8 Linda Koomen | DN2 | 5 | I | 2:09.16 | |
| 7 | 23 Maike Brinksma | DN2 | 3 | I | 2:09.53 | |
| 8 | 6 Kelly Schouten | DN2 | 9 | O | 2:10.29 | |
| 9 | 1 Roza Blokker | DSA | 8 | I | 2:10.54 | |
| 10 | 9 Maaïke Koomen | DN2 | 6 | O | 2:10.82 | |
| 11 | 19 Monica Tuijp | DA2 | 8 | O | 2:10.94 | |
| 12 | 16 Lilian Temmink | DA1 | 4 | O | 2:10.99 | PB |
| 13 | 13 Nicky van Leeuwen | DN2 | 3 | O | 2:11.59 | |
| 14 | 7 José Boots | DN2 | 1 | O | 2:11.60 | |
| 15 | 20 Lisette de Jong | DSA | 5 | O | 2:11.61 | |
| 16 | 18 Simone Warmerdam | DA1 | 7 | O | 2:12.08 | |
| 17 | 15 Danielle Ootes | DA2 | 7 | I | 2:12.83 | |
| 18 | 4 Suzanne Hoogendoorn | DSA | 1 | I | 2:14.37 | |

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1. Rituitslag Dames 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|---|----|------------------------------|----------------|---------|----------------|------|
| 1 | wt | 4 Suzanne Hoogendoorn | DSA | 2:08.00 | 2:14.37 | |
| | rd | 7 José Boots | DN2 | 2:05.74 | 2:11.60 | |
| | | <u>Suzanne Hoogendoorn</u> | | | | |
| | | 300m | 28.98 (29.0) | | | |
| | | 700m | 1:02.05 (33.1) | | | |
| | | 1100m | 1:37.55 (35.5) | | | |
| | | 1500m | 2:14.37 (36.8) | | | |
| | | <u>José Boots</u> | | | | |
| | | 300m | 28.10 (28.1) | | | |
| | | 700m | 1:00.58 (32.5) | | | |
| | | 1100m | 1:35.27 (34.7) | | | |
| | | 1500m | 2:11.60 (36.3) | | | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|----------|-----|----|------|------|
| 2 | gl | | | | | |
| | bl | | | | | |
| | | <u>m</u> | | | | |
| | | <u>m</u> | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-----------------------------|----------------|---------|----------------|------|
| 3 | wt | 23 Maike Brinksma | DN2 | 2:05.48 | 2:09.53 | |
| | rd | 13 Nicky van Leeuwen | DN2 | 2:07.41 | 2:11.59 | |
| | | <u>Maike Brinksma</u> | | | | |
| | | 300m | 27.96 (28.0) | | | |
| | | 700m | 1:00.06 (32.1) | | | |
| | | 1100m | 1:34.09 (34.0) | | | |
| | | 1500m | 2:09.53 (35.4) | | | |
| | | <u>Nicky van Leeuwen</u> | | | | |
| | | 300m | 29.26 (29.3) | | | |
| | | 700m | 1:02.37 (33.1) | | | |
| | | 1100m | 1:36.29 (33.9) | | | |
| | | 1500m | 2:11.59 (35.3) | | | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|--------------------------|----------------|---------|----------------|------|
| 4 | gl | 10 Inge Mostert | DN1 | 2:05.74 | 2:09.15 | |
| | bl | 16 Lilian Temmink | DA1 | 2:11.24 | 2:10.99 | PB |
| | | <u>Inge Mostert</u> | | | | |
| | | 300m | 27.88 (27.9) | | | |
| | | 700m | 1:00.05 (32.2) | | | |
| | | 1100m | 1:33.78 (33.7) | | | |
| | | 1500m | 2:09.15 (35.4) | | | |
| | | <u>Lilian Temmink</u> | | | | |
| | | 300m | 28.87 (28.9) | | | |
| | | 700m | 1:01.28 (32.4) | | | |
| | | 1100m | 1:35.36 (34.1) | | | |
| | | 1500m | 2:10.99 (35.6) | | | |

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| | | Naam | Cat | | PR | Tijd | Info |
|-------|----|----------------------------|---------|--------|-------------------------|----------------|--------|
| 5 | wt | 8 Linda Koomen | DN2 | | 2:04.55 | 2:09.16 | |
| | rd | 20 Lisette de Jong | DSA | | 2:08.37 | 2:11.61 | |
| | | Linda Koomen | | | Lisette de Jong | | |
| | | 300m | 27.81 | (27.8) | 300m | 29.42 | (29.4) |
| | | 700m | 1:00.01 | (32.2) | 700m | 1:02.65 | (33.2) |
| | | 1100m | 1:33.85 | (33.8) | 1100m | 1:36.95 | (34.3) |
| | | 1500m | 2:09.16 | (35.3) | 1500m | 2:11.61 | (34.7) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 6 | gl | 2 Birgit Witte | DSB | | 2:09.59 | 2:07.71 | PB |
| | bl | 9 Maaïke Koomen | DN2 | | 2:08.64 | 2:10.82 | |
| | | Birgit Witte | | | Maaïke Koomen | | |
| | | 300m | 28.50 | (28.5) | 300m | 28.31 | (28.3) |
| | | 700m | 1:00.31 | (31.8) | 700m | 1:00.54 | (32.2) |
| | | 1100m | 1:34.06 | (33.7) | 1100m | 1:34.83 | (34.3) |
| | | 1500m | 2:07.71 | (33.7) | 1500m | 2:10.82 | (36.0) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 7 | wt | 15 Danielle Ootes | DA2 | | 2:07.00 | 2:12.83 | |
| | rd | 18 Simone Warmerdam | DA1 | | 2:06.81 | 2:12.08 | |
| | | Danielle Ootes | | | Simone Warmerdam | | |
| | | 300m | 28.68 | (28.7) | 300m | 29.35 | (29.4) |
| | | 700m | 1:01.79 | (33.1) | 700m | 1:02.42 | (33.1) |
| | | 1100m | 1:36.48 | (34.7) | 1100m | 1:36.95 | (34.5) |
| | | 1500m | 2:12.83 | (36.3) | 1500m | 2:12.08 | (35.1) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 8 | gl | 1 Roza Blokker | DSA | | 2:04.49 | 2:10.54 | |
| | bl | 19 Monica Tuijp | DA2 | | 2:07.02 | 2:10.94 | |
| | | Roza Blokker | | | Monica Tuijp | | |
| | | 300m | 27.65 | (27.7) | 300m | 27.67 | (27.7) |
| | | 700m | 59.32 | (31.7) | 700m | 1:00.18 | (32.5) |
| | | 1100m | 1:33.50 | (34.2) | 1100m | 1:34.74 | (34.6) |
| | | 1500m | 2:10.54 | (37.0) | 1500m | 2:10.94 | (36.2) |

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| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------------|--------------------------|--------|-----|-----------------------|---------|---------|----------------|
| 9 | wt | 22 | Julia Berentschot | | DN3 | | | 2:02.54 | 2:06.62 |
| | rd | 6 | Kelly Schouten | | DN2 | | | 2:04.85 | 2:10.29 |
| | | Julia Berentschot | | | | Kelly Schouten | | | |
| | | 300m | 27.17 | (27.2) | | 300m | 28.58 | (28.6) | |
| | | 700m | 58.39 | (31.2) | | 700m | 1:01.52 | (32.9) | |
| | | 1100m | 1:31.29 | (32.9) | | 1100m | 1:35.34 | (33.8) | |
| | | 1500m | 2:06.62 | (35.3) | | 1500m | 2:10.29 | (34.9) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|---------------------|--------|-----|---------------------|---------|---------|----------------|
| 10 | gl | 12 | Esmee Visser | | DN1 | | | 2:03.54 | 2:06.46 |
| | bl | 5 | Femke Markus | | DA2 | | | 2:04.77 | 2:08.79 |
| | | Esmee Visser | | | | Femke Markus | | | |
| | | 300m | 28.60 | (28.6) | | 300m | 27.93 | (27.9) | |
| | | 700m | 59.91 | (31.3) | | 700m | 59.79 | (31.9) | |
| | | 1100m | 1:32.42 | (32.5) | | 1100m | 1:33.73 | (33.9) | |
| | | 1500m | 2:06.46 | (34.0) | | 1500m | 2:08.79 | (35.1) | |

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IJsbaan de Meent - Alkmaar

8 november 2015

2. Uitslag Heren 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info |
|-----|-----------------------|-----|------|------|---------|------|
| 1 | 11 Jeroen Janissen | HA1 | 18 | I | 1:55.42 | |
| 2 | 35 Kees Heemskerk | HN2 | 17 | I | 1:55.75 | |
| 3 | 21 Bart Vreugdenhil | HN1 | 16 | I | 1:57.39 | |
| 4 | 17 Jeffrey Doornbusch | HSA | 15 | I | 1:58.08 | |
| 5 | 14 Jan Hamers | HA2 | 16 | O | 1:58.12 | |
| 6 | 34 Maico Voets | HN4 | 13 | O | 1:58.17 | |
| 7 | 13 Mark Ooijevaar | HSB | 11 | O | 1:58.95 | |
| 8 | 16 Wop van Cappelle | HSA | 12 | I | 1:59.20 | |
| 9 | 15 Joes Klijnsoon | HA1 | 14 | I | 2:00.01 | |
| 10 | 20 Jeffrey Kors | HN1 | 15 | O | 2:00.03 | |
| 11 | 33 Feiko Bierman | HN2 | 12 | O | 2:00.58 | |
| 12 | 5 Peter van de Pol | HSB | 11 | I | 2:00.80 | |
| 13 | 2 Gerwin Colje | HN2 | 14 | O | 2:01.52 | |
| 14 | 3 André Los | HSA | 13 | I | 2:02.71 | |
| | 4 Wesly Dijs | HN1 | 17 | O | DNS | |
| | 12 Joep Kalverdijk | HN1 | 18 | O | DNS | |

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IJsbahn de Meent - Alkmaar

8 november 2015

2. Rituitslag Heren 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|-------|----|----------------------------|----------------|---------|----------------|------|
| 11 | wt | 5 Peter van de Pol | HSB | 1:54.74 | 2:00.80 | |
| | rd | 13 Mark Ooijevaar | HSB | 1:50.34 | 1:58.95 | |
| | | Peter van de Pol | | | | |
| | | 300m | 27.07 (27.1) | | | |
| | | 700m | 57.51 (30.4) | | | |
| | | 1100m | 1:28.49 (31.0) | | | |
| | | 1500m | 2:00.80 (32.3) | | | |
| | | Mark Ooijevaar | | | | |
| | | 300m | 27.49 (27.5) | | | |
| | | 700m | 57.55 (30.1) | | | |
| | | 1100m | 1:27.82 (30.3) | | | |
| | | 1500m | 1:58.95 (31.1) | | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 12 | gl | 16 Wop van Cappelle | HSA | 1:56.80 | 1:59.20 | |
| | bl | 33 Feiko Bierman | HN2 | 1:55.97 | 2:00.58 | |
| | | Wop van Cappelle | | | | |
| | | 300m | 26.71 (26.7) | | | |
| | | 700m | 56.13 (29.4) | | | |
| | | 1100m | 1:26.86 (30.7) | | | |
| | | 1500m | 1:59.20 (32.3) | | | |
| | | Feiko Bierman | | | | |
| | | 300m | 26.48 (26.5) | | | |
| | | 700m | 56.30 (29.8) | | | |
| | | 1100m | 1:27.68 (31.4) | | | |
| | | 1500m | 2:00.58 (32.9) | | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 13 | wt | 3 André Los | HSA | 1:55.92 | 2:02.71 | |
| | rd | 34 Maico Voets | HN4 | 1:53.14 | 1:58.17 | |
| | | André Los | | | | |
| | | 300m | 26.32 (26.3) | | | |
| | | 700m | 56.02 (29.7) | | | |
| | | 1100m | 1:28.03 (32.0) | | | |
| | | 1500m | 2:02.71 (34.7) | | | |
| | | Maico Voets | | | | |
| | | 300m | 25.52 (25.5) | | | |
| | | 700m | 55.09 (29.6) | | | |
| | | 1100m | 1:25.66 (30.6) | | | |
| | | 1500m | 1:58.17 (32.5) | | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 14 | gl | 15 Joes Klijnsohn | HA1 | 1:55.29 | 2:00.01 | |
| | bl | 2 Gerwin Colje | HN2 | 1:55.41 | 2:01.52 | |
| | | Joes Klijnsohn | | | | |
| | | 300m | 25.92 (25.9) | | | |
| | | 700m | 55.51 (29.6) | | | |
| | | 1100m | 1:26.78 (31.3) | | | |
| | | 1500m | 2:00.01 (33.2) | | | |
| | | Gerwin Colje | | | | |
| | | 300m | 26.11 (26.1) | | | |
| | | 700m | 56.04 (29.9) | | | |
| | | 1100m | 1:27.70 (31.7) | | | |
| | | 1500m | 2:01.52 (33.8) | | | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|-------|----|---------------------------|---------------------------|--------|------------------------|---------|----------------|------|
| 15 | wt | 17 | Jeffrey Doornbusch | | HSA | 1:55.07 | 1:58.08 | |
| | rd | 20 | Jeffrey Kors | | HN1 | 1:54.64 | 2:00.03 | |
| | | Jeffrey Doornbusch | | | Jeffrey Kors | | | |
| | | 300m | 25.70 | (25.7) | 300m | 25.55 | (25.6) | |
| | | 700m | 55.16 | (29.5) | 700m | 55.12 | (29.6) | |
| | | 1100m | 1:25.65 | (30.5) | 1100m | 1:26.54 | (31.4) | |
| | | 1500m | 1:58.08 | (32.4) | 1500m | 2:00.03 | (33.5) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 16 | gl | 21 | Bart Vreugdenhil | | HN1 | 1:52.92 | 1:57.39 | |
| | bl | 14 | Jan Hamers | | HA2 | 1:53.90 | 1:58.12 | |
| | | Bart Vreugdenhil | | | Jan Hamers | | | |
| | | 300m | 25.25 | (25.3) | 300m | 25.91 | (25.9) | |
| | | 700m | 54.65 | (29.4) | 700m | 55.43 | (29.5) | |
| | | 1100m | 1:25.30 | (30.7) | 1100m | 1:26.72 | (31.3) | |
| | | 1500m | 1:57.39 | (32.1) | 1500m | 1:58.12 | (31.4) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 17 | wt | 35 | Kees Heemskerk | | HN2 | 1:50.95 | 1:55.75 | |
| | rd | 4 | Wesly Dijs | | HN1 | 1:49.23 | DNS | |
| | | Kees Heemskerk | | | Wesly Dijs | | | |
| | | 300m | 24.89 | (24.9) | | | | |
| | | 700m | 53.55 | (28.7) | | | | |
| | | 1100m | 1:24.02 | (30.5) | | | | |
| | | 1500m | 1:55.75 | (31.7) | | | | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 18 | gl | 11 | Jeroen Janissen | | HA1 | 1:51.58 | 1:55.42 | |
| | bl | 12 | Joep Kalverdijk | | HN1 | 1:50.07 | DNS | |
| | | Jeroen Janissen | | | Joep Kalverdijk | | | |
| | | 300m | 25.24 | (25.2) | | | | |
| | | 700m | 53.86 | (28.6) | | | | |
| | | 1100m | 1:23.89 | (30.0) | | | | |
| | | 1500m | 1:55.42 | (31.5) | | | | |

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

Ijsbaan de Meent - Alkmaar

8 november 2015

3. Uitslag Dames 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info |
|-----|-----------------------|-----|------|------|---------|------|
| 1 | 12 Esmee Visser | DN1 | 27 | O | 4:25.65 | |
| 2 | 2 Birgit Witte | DSB | 28 | I | 4:32.12 | |
| 3 | 13 Nicky van Leeuwen | DN2 | 26 | I | 4:33.62 | |
| 4 | 16 Lilian Temmink | DA1 | 23 | O | 4:34.38 | |
| 5 | 18 Simone Warmerdam | DA1 | 25 | O | 4:34.96 | |
| 6 | 6 Kelly Schouten | DN2 | 28 | O | 4:35.23 | |
| 7 | 5 Femke Markus | DA2 | 27 | I | 4:35.46 | |
| 8 | 1 Roza Blokker | DSA | 24 | I | 4:35.50 | |
| 9 | 20 Lisette de Jong | DSA | 26 | O | 4:35.97 | |
| 10 | 22 Julia Berentschot | DN3 | 19 | I | 4:36.07 | |
| 11 | 10 Inge Mostert | DN1 | 22 | I | 4:37.47 | |
| 12 | 23 Maïke Brinksma | DN2 | 22 | O | 4:37.51 | |
| 13 | 9 Maaïke Koomen | DN2 | 25 | I | 4:39.14 | |
| 14 | 7 José Boots | DN2 | 24 | O | 4:40.74 | |
| 15 | 8 Linda Koomen | DN2 | 23 | I | 4:41.68 | |
| 16 | 19 Monica Tuijp | DA2 | 19 | O | 4:43.04 | |
| 17 | 15 Danielle Ootes | DA2 | 21 | O | 4:50.39 | |
| | 4 Suzanne Hoogendoorn | DSA | 21 | I | DNS | |

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IJsbahn de Meent - Alkmaar

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3. Rituitslag Dames 3000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------------|--------------------------|--------|-----|---------------------|---------|----------------|------|
| 19 | wt | 22 | Julia Berentschot | | DN3 | | 4:20.29 | 4:36.07 | |
| | rd | 19 | Monica Tuijp | | DA2 | | 4:31.55 | 4:43.04 | |
| | | Julia Berentschot | | | | Monica Tuijp | | | |
| | | 200m | 21.54 | (21.5) | | 200m | 21.83 | (21.8) | |
| | | 600m | 55.94 | (34.4) | | 600m | 57.52 | (35.7) | |
| | | 1000m | 1:30.90 | (35.0) | | 1000m | 1:33.51 | (36.0) | |
| | | 1400m | 2:06.46 | (35.6) | | 1400m | 2:10.93 | (37.4) | |
| | | 1800m | 2:42.34 | (35.9) | | 1800m | 2:48.31 | (37.4) | |
| | | 2200m | 3:19.37 | (37.0) | | 2200m | 3:25.96 | (37.6) | |
| | | 2600m | 3:57.49 | (38.1) | | 2600m | 4:03.58 | (37.6) | |
| | | 3000m | 4:36.07 | (38.6) | | 3000m | 4:43.04 | (39.5) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 20 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | | m | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------------|----------------------------|-----|-----|-----------------------|---------|----------------|------|
| 21 | wt | 4 | Suzanne Hoogendoorn | | DSA | | 4:26.40 | DNS | |
| | rd | 15 | Danielle Ootes | | DA2 | | 4:30.97 | 4:50.39 | |
| | | Suzanne Hoogendoorn | | | | Danielle Ootes | | | |
| | | | | | | 200m | 22.61 | (22.6) | |
| | | | | | | 600m | 59.55 | (36.9) | |
| | | | | | | 1000m | 1:35.82 | (36.3) | |
| | | | | | | 1400m | 2:13.12 | (37.3) | |
| | | | | | | 1800m | 2:51.38 | (38.3) | |
| | | | | | | 2200m | 3:30.38 | (39.0) | |
| | | | | | | 2600m | 4:10.51 | (40.1) | |
| | | | | | | 3000m | 4:50.39 | (39.9) | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------|--------|-----------------------|---------|----------------|------|
| 22 | gl | 10 Inge Mostert | | | DN1 | 4:28.45 | 4:37.47 | |
| | bl | 23 Maïke Brinksma | | | DN2 | 4:25.82 | 4:37.51 | |
| | | <u>Inge Mostert</u> | | | <u>Maïke Brinksma</u> | | | |
| | | 200m | 21.62 | (21.6) | 200m | 21.92 | (21.9) | |
| | | 600m | 56.58 | (35.0) | 600m | 56.83 | (34.9) | |
| | | 1000m | 1:31.93 | (35.4) | 1000m | 1:32.30 | (35.5) | |
| | | 1400m | 2:08.28 | (36.3) | 1400m | 2:08.02 | (35.7) | |
| | | 1800m | 2:45.21 | (36.9) | 1800m | 2:45.06 | (37.0) | |
| | | 2200m | 3:23.18 | (38.0) | 2200m | 3:23.20 | (38.1) | |
| | | 2600m | 4:00.76 | (37.6) | 2600m | 4:00.64 | (37.4) | |
| | | 3000m | 4:37.47 | (36.7) | 3000m | 4:37.51 | (36.9) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------|--------|-----------------------|---------|----------------|------|
| 23 | wt | 8 Linda Koomen | | | DN2 | 4:27.23 | 4:41.68 | |
| | rd | 16 Lilian Temmink | | | DA1 | 4:29.80 | 4:34.38 | |
| | | <u>Linda Koomen</u> | | | <u>Lilian Temmink</u> | | | |
| | | 200m | 21.74 | (21.7) | 200m | 22.35 | (22.4) | |
| | | 600m | 56.77 | (35.0) | 600m | 56.91 | (34.6) | |
| | | 1000m | 1:32.18 | (35.4) | 1000m | 1:31.73 | (34.8) | |
| | | 1400m | 2:08.30 | (36.1) | 1400m | 2:07.37 | (35.6) | |
| | | 1800m | 2:45.82 | (37.5) | 1800m | 2:43.56 | (36.2) | |
| | | 2200m | 3:24.03 | (38.2) | 2200m | 3:20.26 | (36.7) | |
| | | 2600m | 4:02.96 | (38.9) | 2600m | 3:57.19 | (36.9) | |
| | | 3000m | 4:41.68 | (38.7) | 3000m | 4:34.38 | (37.2) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------|--------|-------------------|---------|----------------|------|
| 24 | gl | 1 Roza Blokker | | | DSA | 4:20.92 | 4:35.50 | |
| | bl | 7 José Boots | | | DN2 | 4:26.41 | 4:40.74 | |
| | | <u>Roza Blokker</u> | | | <u>José Boots</u> | | | |
| | | 200m | 21.83 | (21.8) | 200m | 21.86 | (21.9) | |
| | | 600m | 56.17 | (34.3) | 600m | 56.22 | (34.4) | |
| | | 1000m | 1:30.88 | (34.7) | 1000m | 1:31.05 | (34.8) | |
| | | 1400m | 2:06.03 | (35.2) | 1400m | 2:07.43 | (36.4) | |
| | | 1800m | 2:42.88 | (36.9) | 1800m | 2:44.94 | (37.5) | |
| | | 2200m | 3:20.05 | (37.2) | 2200m | 3:23.40 | (38.5) | |
| | | 2600m | 3:57.47 | (37.4) | 2600m | 4:02.05 | (38.7) | |
| | | 3000m | 4:35.50 | (38.0) | 3000m | 4:40.74 | (38.7) | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------|-------------------------|--------|-------------------------|---------|----------------|------|
| 25 | wt | 9 | Maaïke Koomen | | DN2 | 4:27.74 | 4:39.14 | |
| | rd | 18 | Simone Warmerdam | | DA1 | 4:28.75 | 4:34.96 | |
| | | Maaïke Koomen | | | Simone Warmerdam | | | |
| | | 200m | 21.98 | (22.0) | 200m | 22.66 | (22.7) | |
| | | 600m | 57.21 | (35.2) | 600m | 57.50 | (34.8) | |
| | | 1000m | 1:32.57 | (35.4) | 1000m | 1:32.36 | (34.9) | |
| | | 1400m | 2:08.45 | (35.9) | 1400m | 2:07.67 | (35.3) | |
| | | 1800m | 2:45.10 | (36.7) | 1800m | 2:43.64 | (36.0) | |
| | | 2200m | 3:22.30 | (37.2) | 2200m | 3:20.23 | (36.6) | |
| | | 2600m | 4:00.58 | (38.3) | 2600m | 3:57.41 | (37.2) | |
| | | 3000m | 4:39.14 | (38.6) | 3000m | 4:34.96 | (37.5) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|--------|------------------------|---------|----------------|------|
| 26 | gl | 13 | Nicky van Leeuwen | | DN2 | 4:27.22 | 4:33.62 | |
| | bl | 20 | Lisette de Jong | | DSA | 4:28.36 | 4:35.97 | |
| | | Nicky van Leeuwen | | | Lisette de Jong | | | |
| | | 200m | 22.26 | (22.3) | 200m | 22.43 | (22.4) | |
| | | 600m | 56.50 | (34.2) | 600m | 56.82 | (34.4) | |
| | | 1000m | 1:31.58 | (35.1) | 1000m | 1:32.24 | (35.4) | |
| | | 1400m | 2:07.36 | (35.8) | 1400m | 2:08.19 | (36.0) | |
| | | 1800m | 2:43.27 | (35.9) | 1800m | 2:44.16 | (36.0) | |
| | | 2200m | 3:19.60 | (36.3) | 2200m | 3:21.29 | (37.1) | |
| | | 2600m | 3:56.40 | (36.8) | 2600m | 3:58.92 | (37.6) | |
| | | 3000m | 4:33.62 | (37.2) | 3000m | 4:35.97 | (37.0) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------------------|--------|---------------------|---------|----------------|------|
| 27 | wt | 5 | Femke Markus | | DA2 | 4:24.59 | 4:35.46 | |
| | rd | 12 | Esmee Visser | | DN1 | 4:16.96 | 4:25.65 | |
| | | Femke Markus | | | Esmee Visser | | | |
| | | 200m | 20.86 | (20.9) | 200m | 21.59 | (21.6) | |
| | | 600m | 54.80 | (33.9) | 600m | 56.27 | (34.7) | |
| | | 1000m | 1:30.53 | (35.7) | 1000m | 1:31.76 | (35.5) | |
| | | 1400m | 2:06.63 | (36.1) | 1400m | 2:06.61 | (34.9) | |
| | | 1800m | 2:42.79 | (36.2) | 1800m | 2:41.17 | (34.6) | |
| | | 2200m | 3:19.87 | (37.1) | 2200m | 3:16.39 | (35.2) | |
| | | 2600m | 3:57.50 | (37.6) | 2600m | 3:51.04 | (34.6) | |
| | | 3000m | 4:35.46 | (38.0) | 3000m | 4:25.65 | (34.6) | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----|-----|----|---------|----------------|
| 28 | gl | 2 | Birgit Witte | | DSB | | 4:23.10 | 4:32.12 |
| | bl | 6 | Kelly Schouten | | DN2 | | 4:18.87 | 4:35.23 |

Birgit Witte

| | | |
|-------|---------|--------|
| 200m | 21.90 | (21.9) |
| 600m | 55.90 | (34.0) |
| 1000m | 1:31.73 | (35.8) |
| 1400m | 2:07.14 | (35.4) |
| 1800m | 2:43.00 | (35.9) |
| 2200m | 3:19.03 | (36.0) |
| 2600m | 3:55.64 | (36.6) |
| 3000m | 4:32.12 | (36.5) |

Kelly Schouten

| | | |
|-------|---------|--------|
| 200m | 21.56 | (21.6) |
| 600m | 56.20 | (34.6) |
| 1000m | 1:31.91 | (35.7) |
| 1400m | 2:07.83 | (35.9) |
| 1800m | 2:44.29 | (36.5) |
| 2200m | 3:20.92 | (36.6) |
| 2600m | 3:57.94 | (37.0) |
| 3000m | 4:35.23 | (37.3) |

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

Ijsbaan de Meent - Alkmaar

8 november 2015

4. Uitslag Heren 5000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info |
|-----|-----------------------|-----|------|------|---------|------|
| 1 | 13 Mark Ooijevaar | HSB | 35 | I | 6:57.26 | |
| 2 | 35 Kees Heemskerk | HN2 | 33 | O | 7:03.23 | |
| 3 | 16 Wop van Cappelle | HSA | 33 | I | 7:05.09 | |
| 4 | 3 André Los | HSA | 31 | I | 7:09.75 | |
| 5 | 5 Peter van de Pol | HSB | 36 | O | 7:09.98 | |
| 6 | 2 Gerwin Colje | HN2 | 32 | I | 7:10.69 | |
| 7 | 15 Joes Klijnsoon | HA1 | 31 | O | 7:11.01 | |
| 8 | 34 Maico Voets | HN4 | 29 | O | 7:11.45 | |
| 9 | 33 Feiko Bierman | HN2 | 32 | O | 7:13.24 | |
| 10 | 11 Jeroen Janissen | HA1 | 36 | I | 7:13.55 | |
| 11 | 14 Jan Hamers | HA2 | 34 | O | 7:19.90 | |
| 12 | 20 Jeffrey Kors | HN1 | 34 | I | 7:21.91 | |
| 13 | 21 Bart Vreugdenhil | HN1 | 35 | O | 7:27.76 | |
| 14 | 17 Jeffrey Doornbusch | HSA | 29 | I | 7:43.50 | |
| | 12 Joep Kalverdijk | HN1 | 30 | I | WDR | |
| | 4 Wesly Dijs | HN1 | 30 | O | WDR | |

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

IJsbahn de Meent - Alkmaar

8 november 2015

4. Rituitslag Heren 5000 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----|---------|----------------|------|
| 29 | wt | 17 Jeffrey Doornbusch | HSA | 7:10.66 | 7:43.50 | |
| | rd | 34 Maico Voets | HN4 | 6:51.80 | 7:11.45 | |

Jeffrey Doornbusch

| | | |
|-------|---------|--------|
| 200m | 20.27 | (20.3) |
| 600m | 53.86 | (33.6) |
| 1000m | 1:28.59 | (34.7) |
| 1400m | 2:03.88 | (35.3) |
| 1800m | 2:39.77 | (35.9) |
| 2200m | 3:15.52 | (35.8) |
| 2600m | 3:51.62 | (36.1) |
| 3000m | 4:28.43 | (36.8) |
| 3400m | 5:06.33 | (37.9) |
| 3800m | 5:44.56 | (38.2) |
| 4200m | 6:23.90 | (39.3) |
| 4600m | 7:03.74 | (39.8) |
| 5000m | 7:43.50 | (39.8) |

Maico Voets

| | | |
|-------|---------|--------|
| 200m | 20.16 | (20.2) |
| 600m | 53.50 | (33.3) |
| 1000m | 1:27.63 | (34.1) |
| 1400m | 2:01.89 | (34.3) |
| 1800m | 2:36.05 | (34.2) |
| 2200m | 3:09.90 | (33.9) |
| 2600m | 3:43.64 | (33.7) |
| 3000m | 4:18.05 | (34.4) |
| 3400m | 4:52.33 | (34.3) |
| 3800m | 5:26.77 | (34.4) |
| 4200m | 6:01.45 | (34.7) |
| 4600m | 6:36.44 | (35.0) |
| 5000m | 7:11.45 | (35.0) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------|-----|---------|------------|------|
| 30 | gl | 12 Joep Kalverdijk | HN1 | 7:02.16 | WDR | |
| | bl | 4 Wesly Dijs | HN1 | 6:47.45 | WDR | |

Joep Kalverdijk

Wesly Dijs

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

IJsbahn de Meent - Alkmaar

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------------|---------|--------|------------------------|---------|----------------|------|
| 31 | wt | 3 André Los | | | HSA | 6:46.19 | 7:09.75 | |
| | rd | 15 Joes Klijnsoorn | | | HA1 | 7:00.99 | 7:11.01 | |
| | | André Los | | | Joes Klijnsoorn | | | |
| | | 200m | 21.15 | (21.2) | 200m | 21.12 | (21.1) | |
| | | 600m | 55.16 | (34.0) | 600m | 55.02 | (33.9) | |
| | | 1000m | 1:29.29 | (34.1) | 1000m | 1:29.20 | (34.2) | |
| | | 1400m | 2:03.07 | (33.8) | 1400m | 2:02.56 | (33.4) | |
| | | 1800m | 2:36.76 | (33.7) | 1800m | 2:36.87 | (34.3) | |
| | | 2200m | 3:10.54 | (33.8) | 2200m | 3:10.52 | (33.6) | |
| | | 2600m | 3:44.64 | (34.1) | 2600m | 3:44.67 | (34.2) | |
| | | 3000m | 4:17.97 | (33.3) | 3000m | 4:18.34 | (33.7) | |
| | | 3400m | 4:51.88 | (33.9) | 3400m | 4:52.84 | (34.5) | |
| | | 3800m | 5:26.17 | (34.3) | 3800m | 5:27.16 | (34.3) | |
| | | 4200m | 6:00.43 | (34.3) | 4200m | 6:01.78 | (34.6) | |
| | | 4600m | 6:34.78 | (34.3) | 4600m | 6:36.17 | (34.4) | |
| | | 5000m | 7:09.75 | (35.0) | 5000m | 7:11.01 | (34.8) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|---------|--------|----------------------|---------|----------------|------|
| 32 | gl | 2 Gerwin Colje | | | HN2 | 7:09.47 | 7:10.69 | |
| | bl | 33 Feiko Bierman | | | HN2 | 6:50.69 | 7:13.24 | |
| | | Gerwin Colje | | | Feiko Bierman | | | |
| | | 200m | 19.94 | (19.9) | 200m | 20.09 | (20.1) | |
| | | 600m | 53.76 | (33.8) | 600m | 53.43 | (33.3) | |
| | | 1000m | 1:27.67 | (33.9) | 1000m | 1:27.46 | (34.0) | |
| | | 1400m | 2:01.34 | (33.7) | 1400m | 2:01.36 | (33.9) | |
| | | 1800m | 2:35.19 | (33.9) | 1800m | 2:35.52 | (34.2) | |
| | | 2200m | 3:08.89 | (33.7) | 2200m | 3:09.66 | (34.1) | |
| | | 2600m | 3:42.68 | (33.8) | 2600m | 3:43.80 | (34.1) | |
| | | 3000m | 4:16.54 | (33.9) | 3000m | 4:18.53 | (34.7) | |
| | | 3400m | 4:50.74 | (34.2) | 3400m | 4:53.03 | (34.5) | |
| | | 3800m | 5:25.04 | (34.3) | 3800m | 5:27.72 | (34.7) | |
| | | 4200m | 6:00.00 | (35.0) | 4200m | 6:02.67 | (35.0) | |
| | | 4600m | 6:35.33 | (35.3) | 4600m | 6:37.85 | (35.2) | |
| | | 5000m | 7:10.69 | (35.4) | 5000m | 7:13.24 | (35.4) | |

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

IJsbahn de Meent - Alkmaar

8 november 2015

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|--------|-----------------------|---------|----------------|------|
| 33 | wt | 16 | Wop van Cappelle | | HSA | 6:55.24 | 7:05.09 | |
| | rd | 35 | Kees Heemskerk | | HN2 | 6:53.21 | 7:03.23 | |
| | | Wop van Cappelle | | | Kees Heemskerk | | | |
| | | 200m | 19.87 | (19.9) | 200m | 19.97 | (20.0) | |
| | | 600m | 53.83 | (34.0) | 600m | 53.45 | (33.5) | |
| | | 1000m | 1:27.74 | (33.9) | 1000m | 1:27.60 | (34.1) | |
| | | 1400m | 2:01.44 | (33.7) | 1400m | 2:01.72 | (34.1) | |
| | | 1800m | 2:34.91 | (33.5) | 1800m | 2:35.69 | (34.0) | |
| | | 2200m | 3:08.39 | (33.5) | 2200m | 3:09.29 | (33.6) | |
| | | 2600m | 3:42.14 | (33.7) | 2600m | 3:42.90 | (33.6) | |
| | | 3000m | 4:15.69 | (33.6) | 3000m | 4:16.39 | (33.5) | |
| | | 3400m | 4:49.18 | (33.5) | 3400m | 4:49.86 | (33.5) | |
| | | 3800m | 5:22.75 | (33.6) | 3800m | 5:23.24 | (33.4) | |
| | | 4200m | 5:56.67 | (33.9) | 4200m | 5:56.68 | (33.4) | |
| | | 4600m | 6:31.28 | (34.6) | 4600m | 6:29.85 | (33.2) | |
| | | 5000m | 7:05.09 | (33.8) | 5000m | 7:03.23 | (33.4) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------------------|--------|-------------------|---------|----------------|------|
| 34 | gl | 20 | Jeffrey Kors | | HN1 | 6:54.33 | 7:21.91 | |
| | bl | 14 | Jan Hamers | | HA2 | 6:58.83 | 7:19.90 | |
| | | Jeffrey Kors | | | Jan Hamers | | | |
| | | 200m | 19.77 | (19.8) | 200m | 19.97 | (20.0) | |
| | | 600m | 53.21 | (33.4) | 600m | 53.15 | (33.2) | |
| | | 1000m | 1:26.94 | (33.7) | 1000m | 1:26.74 | (33.6) | |
| | | 1400m | 2:01.02 | (34.1) | 1400m | 2:00.77 | (34.0) | |
| | | 1800m | 2:34.89 | (33.9) | 1800m | 2:34.88 | (34.1) | |
| | | 2200m | 3:09.40 | (34.5) | 2200m | 3:09.36 | (34.5) | |
| | | 2600m | 3:44.42 | (35.0) | 2600m | 3:44.07 | (34.7) | |
| | | 3000m | 4:19.68 | (35.3) | 3000m | 4:19.13 | (35.1) | |
| | | 3400m | 4:55.56 | (35.9) | 3400m | 4:54.73 | (35.6) | |
| | | 3800m | 5:32.60 | (37.0) | 3800m | 5:30.51 | (35.8) | |
| | | 4200m | 6:09.52 | (36.9) | 4200m | 6:06.59 | (36.1) | |
| | | 4600m | 6:46.19 | (36.7) | 4600m | 6:43.25 | (36.7) | |
| | | 5000m | 7:21.91 | (35.7) | 5000m | 7:19.90 | (36.7) | |

Regio selectiewedstrijd Kraantje Lek & Eindhoven Trofee

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-------------------------|--------|-------------------------|---------|----------------|------|
| 35 | wt | 13 | Mark Ooijevaar | | HSB | 6:24.56 | 6:57.26 | |
| | rd | 21 | Bart Vreugdenhil | | HN1 | 6:51.86 | 7:27.76 | |
| | | Mark Ooijevaar | | | Bart Vreugdenhil | | | |
| | | 200m | 20.72 | (20.7) | 200m | 19.77 | (19.8) | |
| | | 600m | 52.89 | (32.2) | 600m | 52.77 | (33.0) | |
| | | 1000m | 1:25.66 | (32.8) | 1000m | 1:27.53 | (34.8) | |
| | | 1400m | 1:58.38 | (32.7) | 1400m | 2:02.24 | (34.7) | |
| | | 1800m | 2:31.06 | (32.7) | 1800m | 2:37.22 | (35.0) | |
| | | 2200m | 3:03.61 | (32.5) | 2200m | 3:12.08 | (34.9) | |
| | | 2600m | 3:36.25 | (32.6) | 2600m | 3:47.37 | (35.3) | |
| | | 3000m | 4:09.03 | (32.8) | 3000m | 4:23.19 | (35.8) | |
| | | 3400m | 4:42.12 | (33.1) | 3400m | 4:59.16 | (36.0) | |
| | | 3800m | 5:15.49 | (33.4) | 3800m | 5:35.26 | (36.1) | |
| | | 4200m | 5:49.23 | (33.7) | 4200m | 6:12.10 | (36.8) | |
| | | 4600m | 6:22.79 | (33.6) | 4600m | 6:49.91 | (37.8) | |
| | | 5000m | 6:57.26 | (34.5) | 5000m | 7:27.76 | (37.8) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|-------------------------|--------|-------------------------|---------|----------------|------|
| 36 | gl | 11 | Jeroen Janissen | | HA1 | 6:47.45 | 7:13.55 | |
| | bl | 5 | Peter van de Pol | | HSB | 6:43.08 | 7:09.98 | |
| | | Jeroen Janissen | | | Peter van de Pol | | | |
| | | 200m | 19.68 | (19.7) | 200m | 21.03 | (21.0) | |
| | | 600m | 52.74 | (33.1) | 600m | 54.51 | (33.5) | |
| | | 1000m | 1:27.05 | (34.3) | 1000m | 1:29.11 | (34.6) | |
| | | 1400m | 2:01.88 | (34.8) | 1400m | 2:03.39 | (34.3) | |
| | | 1800m | 2:36.31 | (34.4) | 1800m | 2:37.39 | (34.0) | |
| | | 2200m | 3:10.61 | (34.3) | 2200m | 3:11.71 | (34.3) | |
| | | 2600m | 3:45.14 | (34.5) | 2600m | 3:45.84 | (34.1) | |
| | | 3000m | 4:19.53 | (34.4) | 3000m | 4:19.90 | (34.1) | |
| | | 3400m | 4:53.68 | (34.1) | 3400m | 4:53.77 | (33.9) | |
| | | 3800m | 5:28.30 | (34.6) | 3800m | 5:27.71 | (33.9) | |
| | | 4200m | 6:03.20 | (34.9) | 4200m | 6:01.91 | (34.2) | |
| | | 4600m | 6:38.34 | (35.1) | 4600m | 6:36.13 | (34.2) | |
| | | 5000m | 7:13.55 | (35.2) | 5000m | 7:09.98 | (33.9) | |